

Time 4 Us – EYFS Curriculum Map 2020/21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Respect	Positive Relationships	Digital Literacy	Mental Wellbeing	Ourselves	Aspirations
Time for us	Respecting ourselves and others <ul style="list-style-type: none"> •What kind and unkind sounds and looks like in and out of school. •how being kind and unkind makes people feel and why. •How different people like and enjoy different things and how to respect that. Belonging to a community <ul style="list-style-type: none"> •How they are similar and different to others •How families, communities and traditions can be similar and 	Families and friendships <ul style="list-style-type: none"> • about people who care for them e.g. parents, siblings, grandparents, relatives, friends, teachers •what a positive relationship looks like with adults and other children •how to play co-operatively, and take turns with others. •how to listen to one another's ideas about how to organise an activity •how to be sensitive towards others' needs and feelings 	Understanding the World - Technology <ul style="list-style-type: none"> • recognise that a range of technology is used in places such as homes and schools • select and use technology for particular purposes 	Personal, Social and Emotional Development - Managing Feelings <ul style="list-style-type: none"> • talk about different feelings and name them • talk about how they and others show feelings • Talk about how different feelings make them feel 	Growing and changing - Recognising what makes them unique and special <ul style="list-style-type: none"> • identify our own special people • explain what makes them special to us and why they are important in our lives • describe the different ways our special people care for us • recognise how we can care for them in return 	• Work - Jobs in the community <ul style="list-style-type: none"> • about people whose job it is to help us in the community • about different jobs and the work people do.

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Being healthy	Health and Self Care <ul style="list-style-type: none"> • can talk about ways to keep healthy and safe. • know the importance of physical exercise for good health. • Know the importance of a healthy diet for good health. • Understand basic hygiene and personal needs and know how to manage these successfully. 					
Keeping Safe	Safe Relationships; staying safe <ul style="list-style-type: none"> • to recognise different types of touch and how they make you feel. (e.g. hugs, tickling, kisses and punches) • to understand when it is and when it isn't ok to touch people. • how to respond if being touched makes them feel upset, uncomfortable or unsafe. • when might someone's body or feelings be hurt and whom should you go to for help. 					