

## Time 4 Us –EYFS Curriculum Map 2023/24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
<b>Time for Us</b>	<ol style="list-style-type: none"> <li>I know I have a right to learn and play, safely and happily</li> <li>I know that some people are different from me</li> <li>I know that hands can be used kindly and unkindly</li> <li>I know special things about myself</li> <li>I know how happiness and sadness can be expressed</li> <li>I know that being kind is good</li> </ol>	<ol style="list-style-type: none"> <li>I know what being unique means</li> <li>I know the names of some emotions such as happy, sad, frightened, angry</li> <li>I know why having friends is important</li> <li>I know some qualities of a positive friendship</li> <li>I know that they don't have to be 'the same as' to be a friend</li> <li>I know what being proud means and that people can be proud of different things</li> <li>I know that people can be good at different things</li> <li>I know different ways to stand up for myself</li> </ol>	<ol style="list-style-type: none"> <li>I know what a challenge is</li> <li>I know that it is important to keep trying</li> <li>I know what a goal is</li> <li>I know how to set goals and work towards them</li> <li>I know which words are kind</li> <li>I know some jobs that they might like to do when they are older</li> <li>I know that they must work hard now in order to be able to achieve the job they want when they are older</li> <li>I know when they have achieved a goal</li> </ol>	<ol style="list-style-type: none"> <li>I know what the word 'healthy' means</li> <li>I know some things that I need to do to keep healthy</li> <li>I know the names for some parts of their body</li> <li>I know when and how to wash my hands properly</li> <li>I know how to say no to strangers</li> <li>I know that I need to exercise to keep healthy</li> <li>I know how to help myself go to sleep and that sleep is good for me</li> <li>I know what to do if I get lost</li> </ol>	<ol style="list-style-type: none"> <li>I know what a family is</li> <li>I know that different people in a family have different responsibilities (jobs)</li> <li>I know some of the characteristics of healthy and safe friendships</li> <li>I know that friends sometimes fall out</li> <li>I know some ways to mend a friendship</li> <li>I know that unkind words can never be taken back and they can hurt</li> <li>I know how to use Jigsaw's Calm Me to help when feeling angry</li> <li>I know some reasons why others get angry</li> </ol>	<ol style="list-style-type: none"> <li>I know the names and functions of some parts of the body (see vocabulary list)</li> <li>I know that we grow from baby to adult</li> <li>I know who to talk to if I am feeling worried</li> <li>I know that sharing how I feel can help solve a worry</li> <li>I know that remembering happy times can help us move on</li> </ol>

<p style="text-align: center;"><b>Key Vocabulary</b></p>	<p>Kind, Gentle, Friend, Similar(ity), Different, Rights, Responsibilities, Feelings, Angry, Happy, Excited, Nervous, Sharing, Taking Turns</p>	<p>Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family</p>	<p>Dream, Goal, Challenge, Job, Ambition, Perseverance, Achievement, Happy, Kind, Encourage</p>	<p>Healthy, Exercise, Head, Shoulders, Knees, Toes, Sleep, Wash, Clean, Stranger, Scare</p>	<p>Family, Jobs, Relationship, Friend, Lonely, Argue, Fallout, Words, Feelings, Angry, Upset, Calm me, Breathing</p>	<p>Eye, Foot, Eyebrow, Forehead, Ear, Mouth, Arm, Leg, Chest, Knee, Nose, Tongue, Finger, Toe, Stomach, Hand, Baby, Grown-up, Adult, Change, Worry, Excited, Memories</p>
<p style="text-align: center;"><b>Key Skills</b></p>	<ul style="list-style-type: none"> <li>• Recognise emotions when they or someone else is upset, frightened or angry</li> <li>• Identify and use skills to make a friend</li> <li>• Identify some ways they can be different and the same as others</li> <li>• Identify and use skills to stand up for themselves</li> <li>• Identify feelings associated with being proud</li> <li>• Identify things they are good at</li> <li>• Be able to vocalise success for themselves and about others successes</li> <li>• Recognise similarities and differences between their</li> </ul>	<ul style="list-style-type: none"> <li>• Recognise emotions when they or someone else is upset, frightened or angry</li> <li>• Identify and use skills to make a friend</li> <li>• Identify some ways they can be different and the same as others</li> <li>• Identify and use skills to stand up for themselves</li> <li>• Identify feelings associated with being proud Identify things they are good at</li> <li>• Be able to vocalise success for themselves and about others successes</li> <li>• Recognise similarities and differences between their family and other families</li> </ul>	<ul style="list-style-type: none"> <li>• Understand that challenges can be difficult</li> <li>• Resilience</li> <li>• Recognise some of the feelings linked to perseverance</li> <li>• Recognise how kind words can encourage people</li> <li>• Talk about a time that they kept on trying and achieved a goal</li> <li>• Be ambitious</li> <li>• Feel proud</li> <li>• Celebrate success</li> </ul>	<ul style="list-style-type: none"> <li>• Can explain what they need to do to stay healthy</li> <li>• Recognise how exercise makes them feel</li> <li>• Can give examples of healthy food</li> <li>• Can explain what to do if a stranger approaches them</li> <li>• Can explain how they might feel if they don't get enough sleep</li> <li>• Recognise how different foods can make them feel</li> </ul>	<ul style="list-style-type: none"> <li>• Can identify what jobs they do in their family and those carried out by parents/carers and siblings</li> <li>• Can suggest ways to make a friend or help someone who is lonely</li> <li>• Can use different ways to mend a friendship</li> <li>• Can recognise what being angry feels like</li> <li>• Can use Calm Me when angry or upset</li> </ul>	<ul style="list-style-type: none"> <li>• Recognise that changing class can elicit happy and/or sad emotions</li> <li>• Can say how they feel about changing class/ growing up</li> <li>• Can identify how they have changed from a baby</li> <li>• Can say what might change for them they</li> <li>• Can identify positive memories from the past year in school/home</li> </ul>

	family and other families					
<b>P4C Stimulus</b>						
<b>Day for Us</b>	Democracy (Friday 8 <sup>th</sup> September)		Safer Internet (Tuesday 6 <sup>th</sup> February)		Aspirations (Friday 21 <sup>st</sup> June)	