Fruit and Vegetable Prints

You can use fruits and vegetables to make exciting prints. Make fun random prints or combine them to create interesting images.



What you need

- Paper
- Fruits (apples, pears, oranges, bananas, lemons)
- Vegetables (broccoli, cauliflower, bell peppers, potatoes, carrots etc
- paint
- Chopping board
- Knife
- Plastic plates or trays

What to do

Α

- Get together some fruit and vegetables
- Have a feel with your hands
- Talk about the different colours



В

- Cut up the fruit and vegetables Feel the shapes with your hands





C

- Put different coloured paints onto plates Add some water but not too much



D

- Dip the fruit into the paint Wipe off any excess colour



- Press the fruit and veg onto the paper to make patterns There are many ways you can make prints.





Random prints

overlapping





Pictures

roly poly prints