



Octopus Treasure Veggie Platter

Ingredients

2 red bell peppers

2 orange, yellow or green bell peppers (choose your favourites)

Carrots

Broccoli

Tomatoes

Cucumber

Grapes

Raisins, blueberries or olives (for the eyes)

Hummus

(You could choose any vegetables or salad that you like, just add your favourites!)

Equipment

Sharp knife (to be used with the help of an adult)

Large platter or plate

2 cocktail sticks

Method

1. Take one of the bell red peppers and turn it upside down.
2. Place either a raisin, olive or blueberry on each cocktail stick and place them into the middle of the upturned pepper to make octopus eyes.
3. Take the other red pepper and cut it into strips to make 8 octopus legs.
4. Hollow out another bell pepper and fill it with hummus.
5. Carefully chop the rest of the vegetables and salad into strips or slices.
6. Place all of the chopped-up vegetables and salad onto the platter, as well as the hummus-filled pepper.
7. Place the upturned octopus pepper on top of the vegetables and display the legs around the base of it. The octopus is now guarding the treasure!
8. Enjoy eating the delicious vegetables and salad with a hummus dip.

