



You will need the following objects: wrapping paper, squeeze bottle, water bottle with fillings, pom-pom, large scarf and a blanket. Play through tracks one to six, using the objects as shown, with the music, with your receiving partner.

Keep to the Beat.



**Press
and
Scrunch**
with gift
wrapping paper



Puff
air with
squeeze
bottle



**Rock
and
Tip**
with water
bottle



**Drop
and
Jostle**
with loofah



**Squeeze,
lift, lower
and move**



Wrap in blanket
Relax,
keep in contact
and listen



Watch, listen and observe.
Keep to the Beat.

