

MESSY FOOD PLAY- MAKE A HAPPY FACE WITH FOOD!

You can use a variety of food to make a face , cutting them out and placing them on paper plates, plastic plates, pizza or other round surfaces.

First choose and have a feel of the fruit and vegetables



Then cut them out or break them into bits with your hands, hand under hand if you need to



Place them on a surface such as a paper plate to make different patterns or faces.



You can use cakes or biscuits to make a face



You could make other patterns or pictures as well with the food



You could do the first one to show the children.

Then you can eat your picture!!!!