

## Messy Play Session

Pupils should be given the opportunity to:

### Get messy and explore sensory materials

#### Activity

Find a nice spot outside (if possible)... a little table or workspace with lots of room to 'create' is perfect. Put out your assortment of pots, pans, tongs, etc

Place your cooked spaghetti ( or other pasta) into a large bowl or a few smaller ones and add a few teaspoons of oil. This stops the pasta sticking together and clumping.

Now stand back and just let your child explore.

Help your child explore (hand under hand if necessary) with the different utensils and pots for a while as they get used to the texture and practise scooping and picking up those slippery strands.

You can then extend the activity by adding some food colouring. Put a few drops or sprinkle the food colouring on various pots of spaghetti and let the pupils have a little mix to find out what colour appears

Now fill up a few jugs with water, and encourage the pupil to pour onto the colours, Now the messy, sensory fun can really begin!. Don't worry about them getting messy, that's the whole point of the session.

#### Resources

Pots  
Pans  
Bowls  
Tongs  
Spoons  
Food colouring

#### What to look for

Arm and hand movement  
Reaching out to  
Grasping  
Holding  
Looking at the object/ Looking at their hands  
Mixing  
Pouring

Transferring

Manipulating the spaghetti in their hands

Signing the colours