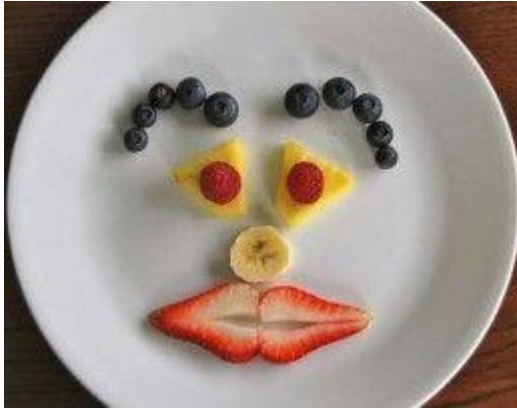


MESSY FOOD PLAY IDEAS WITH FIRMER FOODS



Fruit and veg prints: cut a fruit or vegetable in half and sculpt out a shape , dip the shape in food or paint and make a print on paper

Food faces: Cut out fruit and/or vegetables and place them on paper plates to make happy faces. You could make one first as a model for the child to copy.

Food shapes and patterns: Cut out fruit and/or vegetables and place them on paper plates to make different patterns. You could make one first as a model for the child to copy.

Fruit and veg salad: cut the fruit/ veg into small pieces and let the child put them in different bowls to make a salad

Fruit and veg kebabs: cut the fruit or veg into small pieces and put them onto a skewer/ stick

Sorting fruit and veg: you can sort vegetables or fruit into separate bowls