

# What Do You Feel like When You Are Unkind to Someone?

Being unkind could be pushing someone or calling them names. Being unkind is anything that you know is going to hurt or upset someone else.

What do you feel like when you are unkind to someone?

‘Write or draw on the picture of the heart to show what you feel like when you are being unkind to someone.’

‘I feel angry with her/him for having something I want.’



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