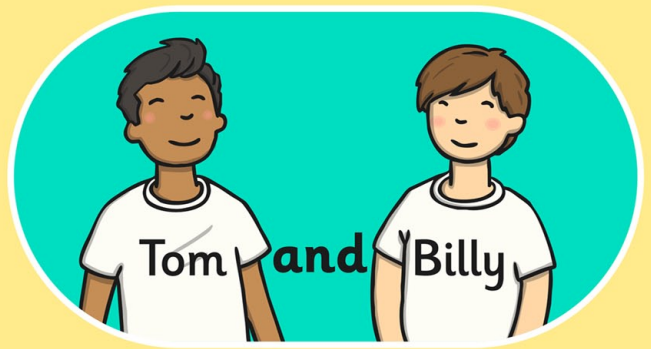# Using **and** to Join Words and Sentences

- The word **and** is very helpful.
- We can use **and** to join two words, sentences or parts of sentences together.
- Using **and** helps our writing flow more smoothly.
- Using **and** lets us add more information to a sentence.

Joining Words

Joining Sentences

The boys were good friends. They always played together.
The boys were good friends **and** they always played together.