Hibernation: An Insulation Investigation

Design a nest to insulate a hibernating dormouse

Properties of Materials



Background

When a dormouse hibernates it reduces its metabolic rate and heart rate to the minimum safe level to maintain life. This saves energy but the dormouse must find a suitable place to nest where the temperature remains stable. The name 'dormouse' comes from the French 'dormir' – to sleep.

A hibernating dormouse provides a novel context for the study of the insulating properties of different **materials** and school **microclimates**.

This activity can also support pupils' scientific literacy as they plan, hypothesise, use fair testing and record results graphically.

Equipment

Water-tight lidded plastic cups

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- Sticky labels and/or permanent pens
- Warm water ~ 37°C
- Thermometer
- Varied natural or man-made materials

Activity

- 1. Each child/team needs to decorate a plastic cup to look like a dormouse.
- They then build a nest for their 'dormouse' using the materials that they believe will be best for both insulating and camouflaging it.
- 3. Once the nest is completed, the cup needs to be filled with hot water.
- 4. The initial temperature of the water needs to be recorded.
- 5. The temperature of the dormouse then needs to be measured every 2 minutes.
- 6. The resultant temperature drop can be recorded in a line graph.
- Discuss the reasons for the success of the nesting materials of the dormouse with the lowest overall temperature drop after 10 minutes.



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