

P.E. Overview

Year Group	Autumn 1 and 2		Spring 1 and 2		Summer 1 and 2	
Nursery	Moving and exploring with music Exploring equipment		Exploring and using equipment		Sports day prep	
Reception (2 classes) Wednesday am	Multi Skills	Dance	Gymnastics	Multi Skills	Multi Skills/Olympics	Sports Day skills
Year 1 (2 classes) Tuesday pm	Dance	Dance	Gymnastics	Gymnastics	Multi Skills/Olympics	Sports Day skills
	Multi Skills	Multi Skills	Multi Skills	Multi Skills		
Year 2 (2 classes) Thursday pm	Dance	Dance	Gymnastics	Gymnastics	Multi Skills/Olympics	Sports Day skills
	Games	Games	Games	Games		
Year 3 (2 classes) Friday pm	Dance	Dance	Gymnastics	Gymnastics	Striking & Fielding	Striking & Fielding
	Invasion Games	Invasion Games	Net & Wall	Net & Wall	Olympics / Paralympics	Sports Day Skills
Year 4 (2 classes) Wednesday am	Dance	Dance	Gymnastics	Gymnastics	Striking & Fielding	Striking & Fielding
	Invasion Games	Invasion Games	Net & Wall	Net & Wall	Olympics / Paralympics	Sports Day Skills
Year 5 (2 classes) Wednesday pm	Dance	Dance	Gymnastics	Gymnastics	Striking & Fielding	Striking & Fielding
	Invasion Games	Invasion Games	Net & Wall	Net & Wall	Olympics / Paralympics	Sports Day Skills
Year 6 (2 classes) Monday & Thursday pm	Dance	Dance	Gymnastics	Gymnastics	Striking & Fielding	Striking & Fielding
	Invasion Games	Invasion Games	Net & Wall	Net & Wall	Swimming	Sports Day Skills
SIMMONDS Monday am	Multi Skills/PD					

- First week in September – Set expectations, warm up, fitness, playground games, team building (OAA), cool down
- P.E curriculum start September
- Cycling – TBC
- OAA Trips – Fairplay House, Camping (tbc)
- Swimming & Water Safety – 2-week block in Summer (Year 6 only)