

North Beckton Primary School  
Harrier Way  
London  
E6 5XG

Thursday 2<sup>nd</sup> April 2020

Buckingham Palace  
Westminster,  
London,  
SW1A 1AA

Dear Your Majesty,

Having been a member of staff at North Beckton Primary for almost two years, I feel I should share my concerns about the food served in the lunch hall. Serving chips every day is unacceptable and I hope, by writing this letter, to convince you that this must change.

To begin with, everyone knows that chips are unhealthy. They are deep fried in oil which the children eat and enjoy without being aware of the health implications. As I am sure you are aware, chips are very high in starch and too much starch can lead to weight gain. Statistics show that obesity levels are rising in the United Kingdom and the fact that children are exposed to foods such as chips daily is not helping. A high percentage of starch in children's diet leads to upset stomachs and consequently, time off school and therefore they are missing out on vital learning. Do you want the children of the future to be unable to find jobs?

Secondly, doing the same thing every day becomes boring. Children do not thrive in a boring environment and they will become disruptive. Do you think prospective parents would choose a boring school with disruptive children? If you want the pupils at North Beckton to enjoy school, they need to have variety: a variety of lessons, a variety of activities and a variety of meals.

Finally, every day children should be offered choice. As a society, we are trying to inspire children to become more independent and responsible. To encourage this, we should give children opportunities to make sensible choices. This can start with children selecting their lunches. Do you want children to be independent and responsible or reliant on others to make decisions for them?

To conclude, chips should be banned from our school as children should be allowed to make choices and they are unhealthy. Please consider the points I have raised in this letter carefully and I look forward to hearing your response.

Yours sincerely

Miss Roy

**Look at the coloured example below to understand the layout**

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Yours sincerely

Miss Roy

RED	Your address
BLUE	Receiver address
ORANGE	Date
PURPLE	Start you letter with "Dear..."
PINK	Opening paragraph explaining the subject of your letter
BLACK	Main body of your letter split into paragraphs
BROWN	Ending paragraph, summarising your points
GREEN	Formal letters end with "Yours sincerely"