

# PLANTING PLANTS



A how-to activity book for planting plants including directions and life cycle.

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~ Jennifer  
[jennifer@simplykinder.com](mailto:jennifer@simplykinder.com)

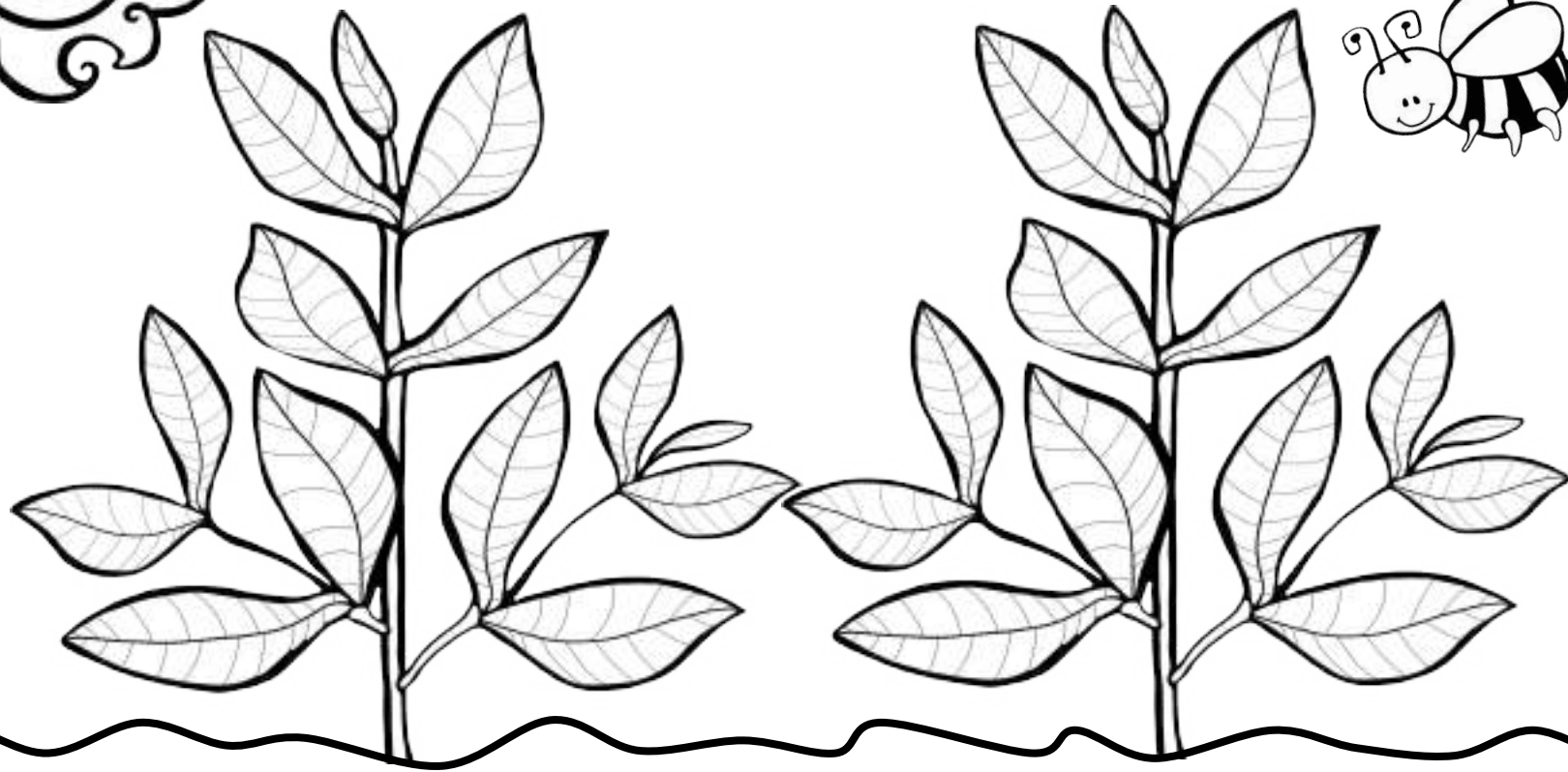
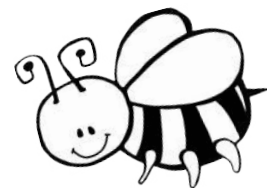


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# PLANTING PLANTS



name \_\_\_\_\_

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Activity #1: Glue or tape on some seeds.

**A plant starts as a seed.**

# Let's plant our seeds.

## Illustrate these easy steps:

Activity #2: Illustrate the steps.



1. Put some soil in a cup.



2. Dig a hole in the soil.



3. Put the seeds in the hole.



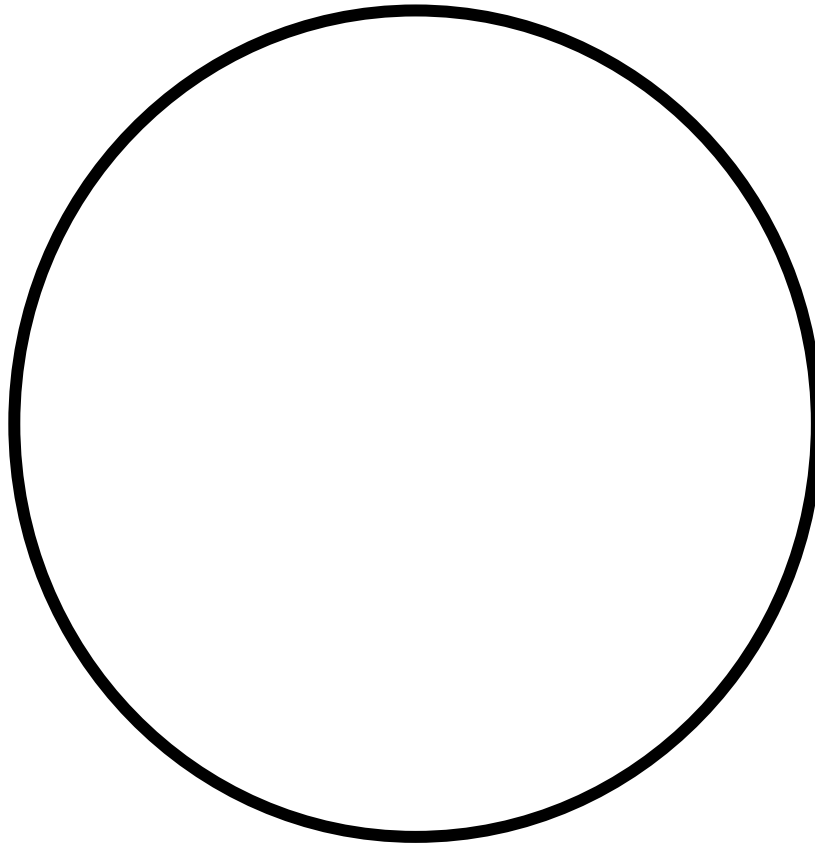
4. Cover the seeds with more soil.

**Next, we must give the seeds four things to grow.**



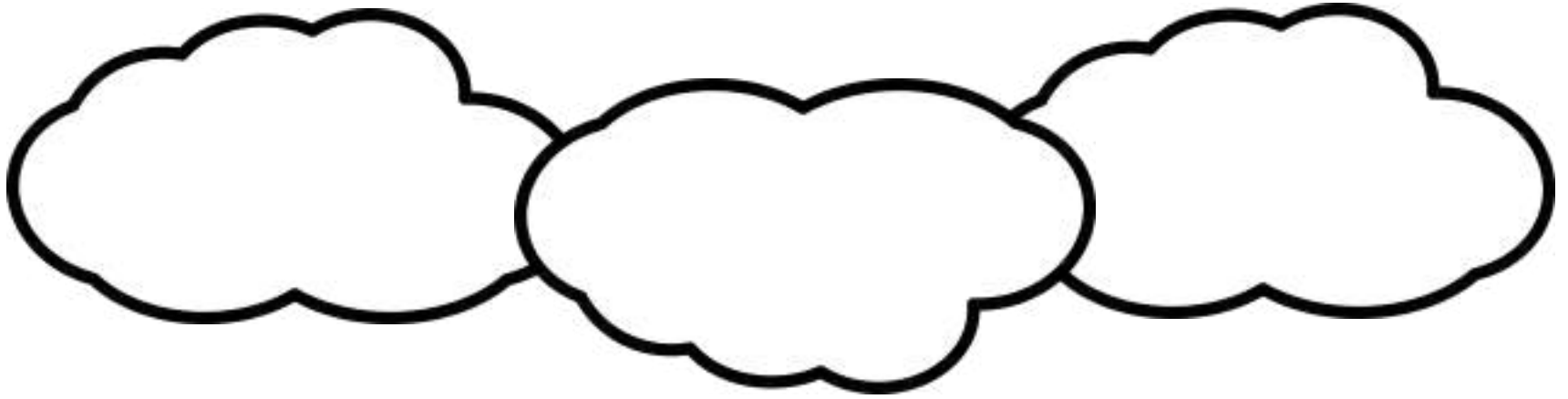
Activity #3: Glue on the four things plants need to grow.

**It is important that your plant gets sun every day. The sun gives it energy to grow.**



Activity #4: Tear tiny pieces of yellow paper to make the sun.

Activity #5: Add blue fingerprints as raindrops under the clouds.



**Plants also need water. Water helps the nutrients to travel all over the plant.**

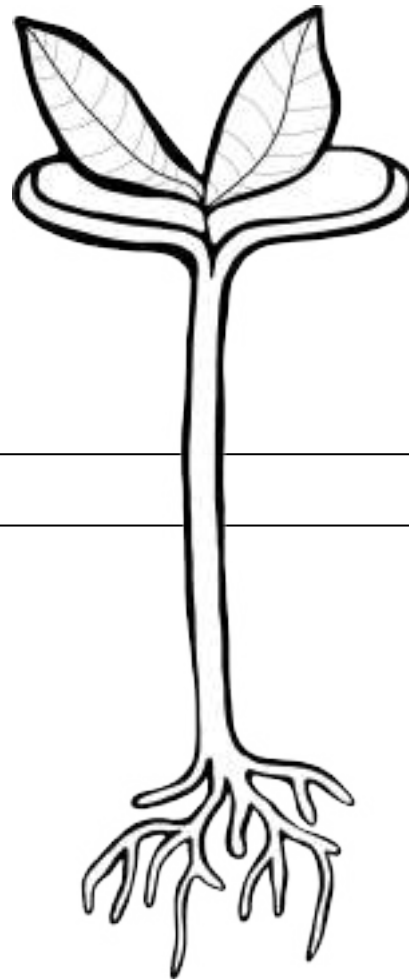
**The roots will grow first. It will absorb the nutrients from the soil for food. It also provides support and strength so it can grow tall.**



**Next, a shoot will appear from the seed. It will grow up towards the light.**

Activity #6: Draw the roots going down and the shoot going up.

Activity #7: Glue a piece of brown paper along the line.  
Then fold it up so you can look under to see the roots in the soil.



glue

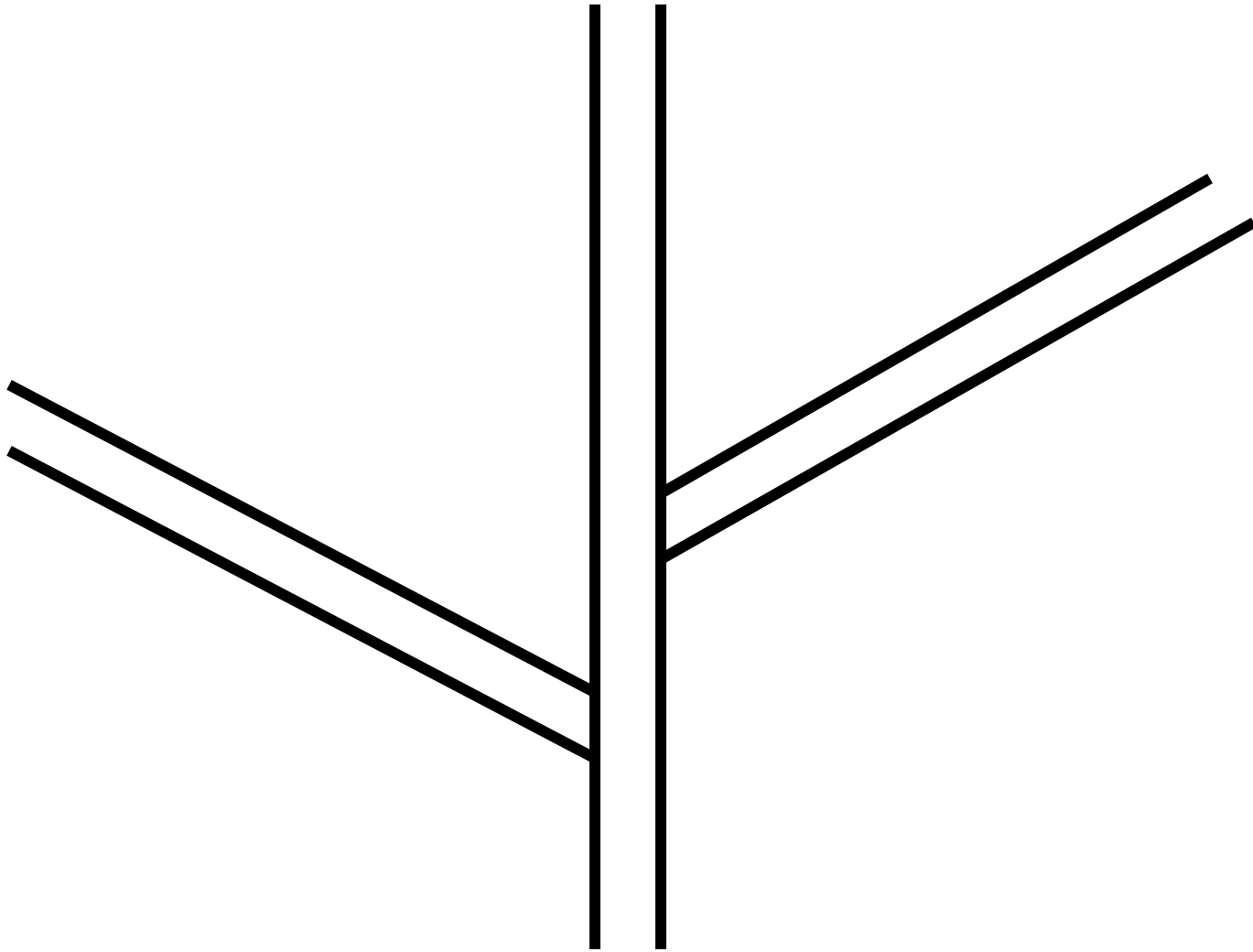
glue

glue

glue

**The shoot will soon break through the soil.  
It is now called a sprout.**

Activity #8: Color, cut, and glue the leaves onto the stem.



**The stem grows taller and will begin to grow leaves.**

Activity #9: Illustrate each sentence.



**Some plants grow flowers.**



**Some plants grow fruit.**



**Some plants grow both.**

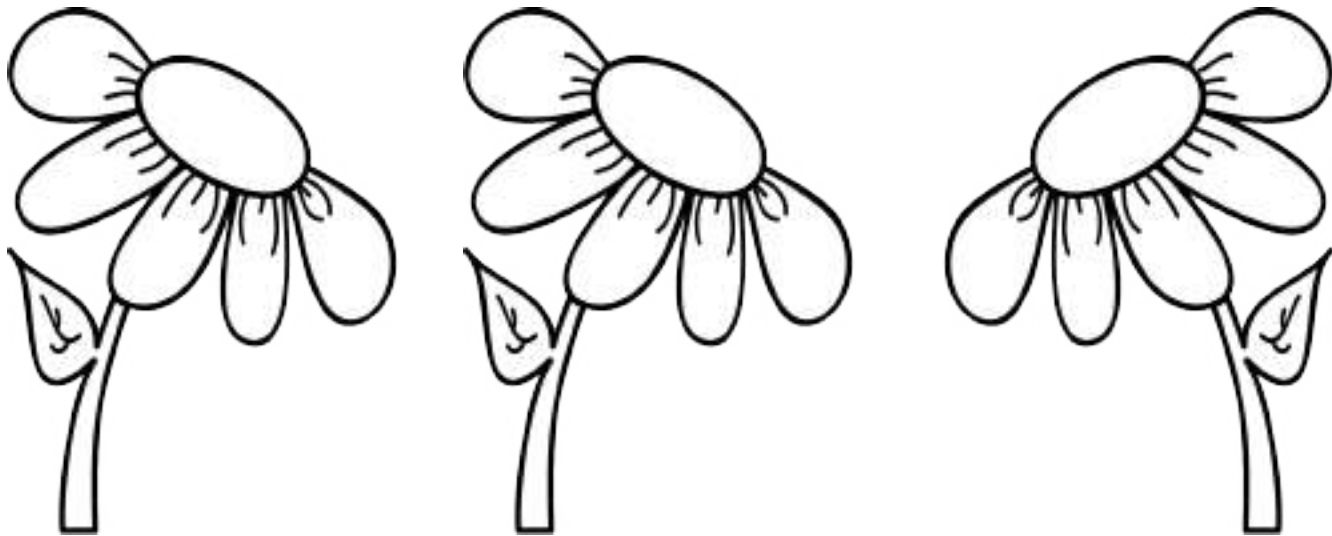


**Some plants just grow leaves.**

Activity #10: Make an apple and glue on the seeds.

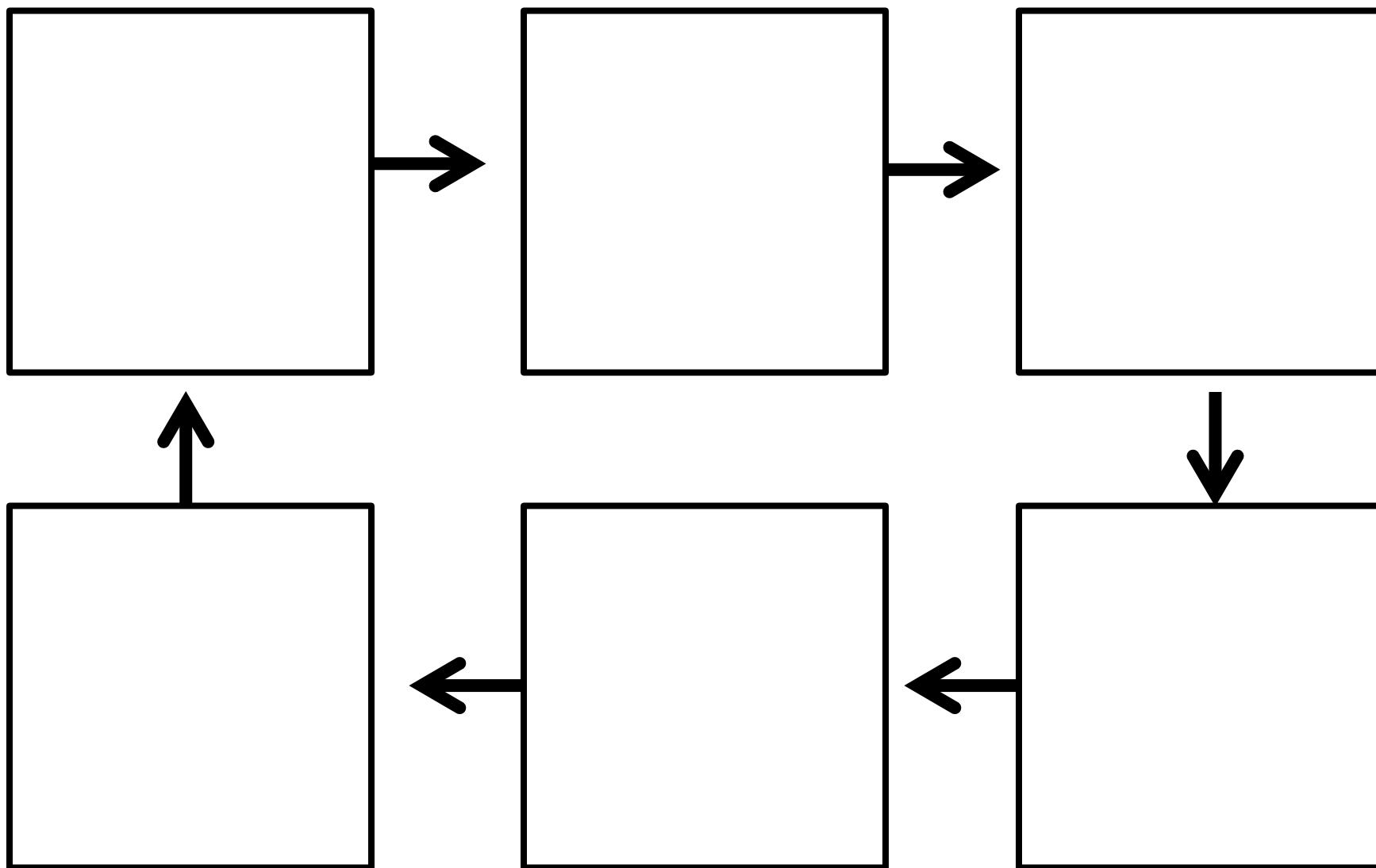
**If the plant grows fruit, the seeds may eventually make it back into the ground and grow a new plant.**

**If the plant has flowers, insects and the wind will help the seeds travel.**



Activity #11: Color, cut, and tape on a bee so it can fly from flower to flower. Draw wind.

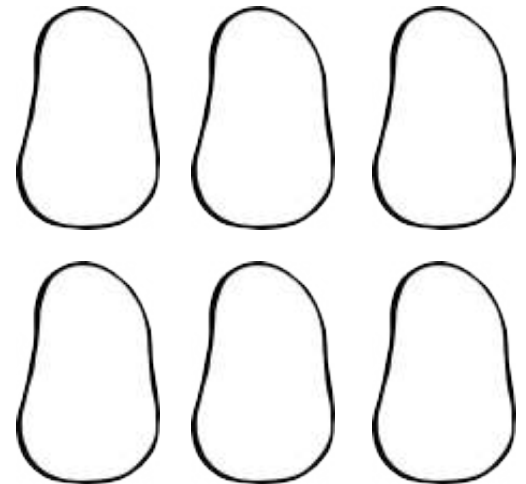
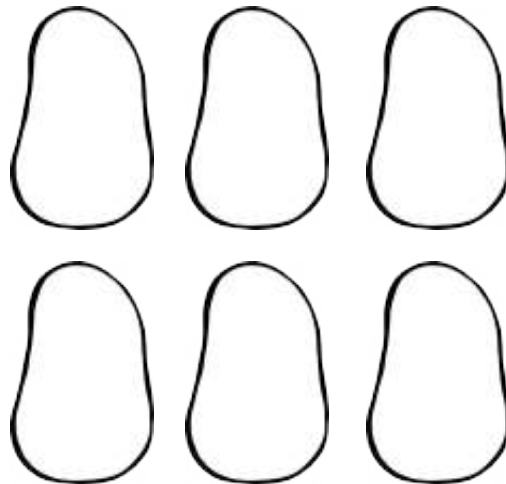
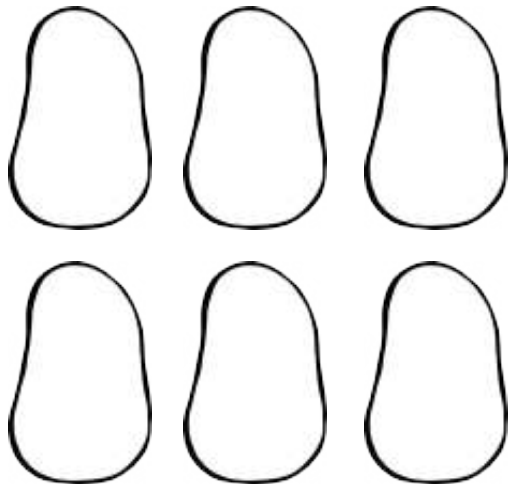
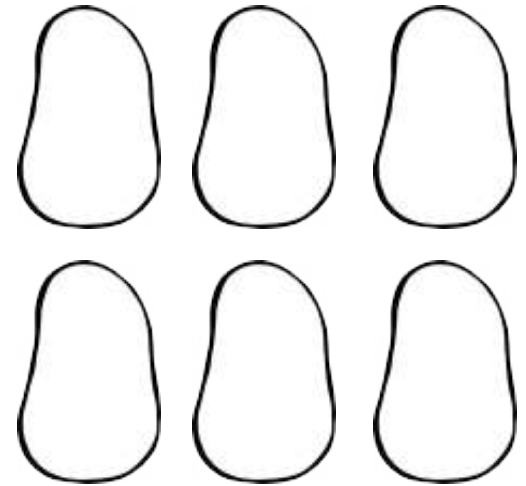
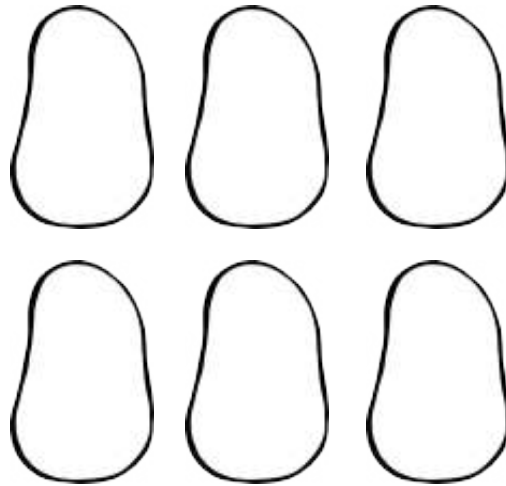
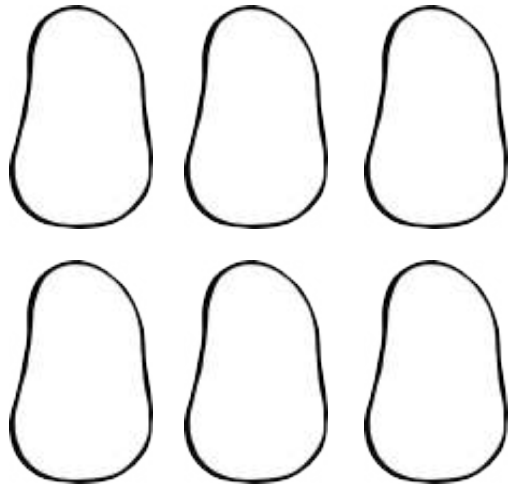
**It is a cycle that happens again and again.**



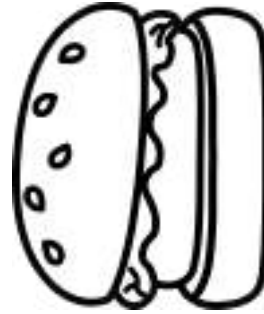
Activity #12: Color, cut, and glue on the stages of a plant.

**ACTIVITY PAGES**

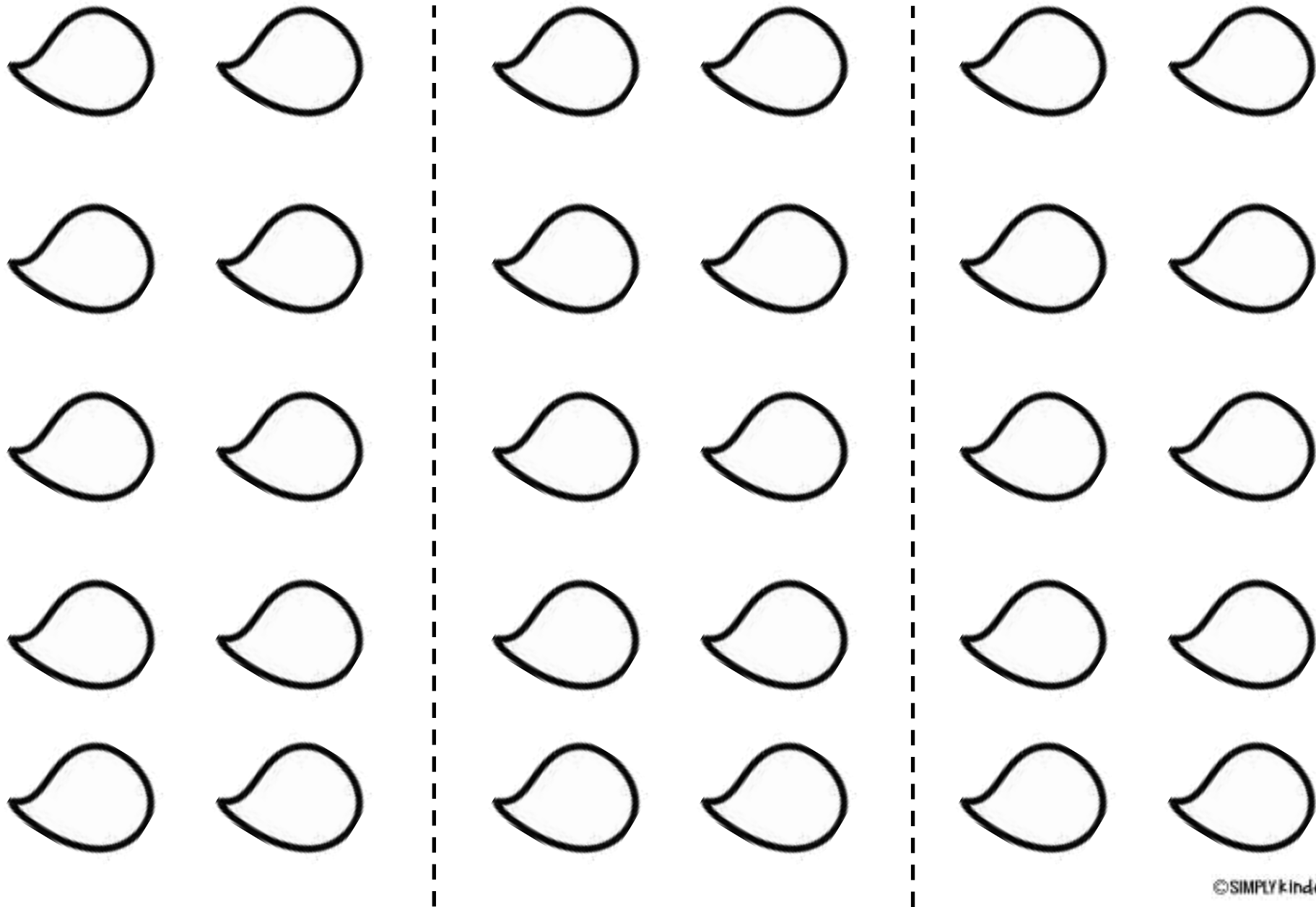
**Activity #1: Glue on some real seeds (or use the ones provided).**



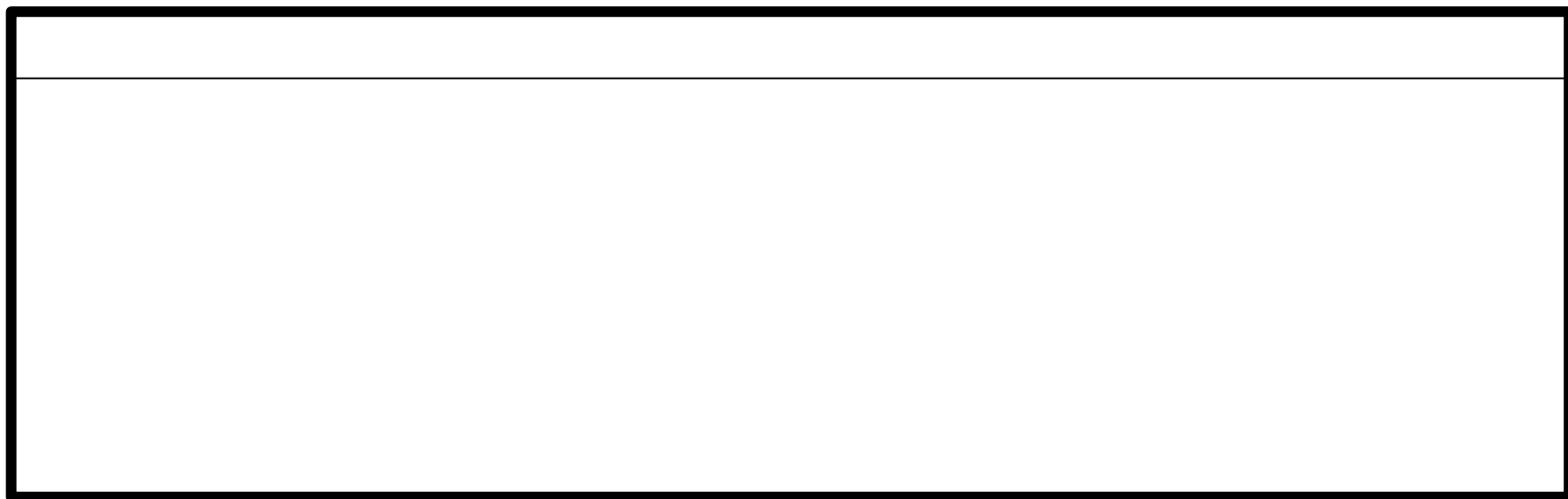
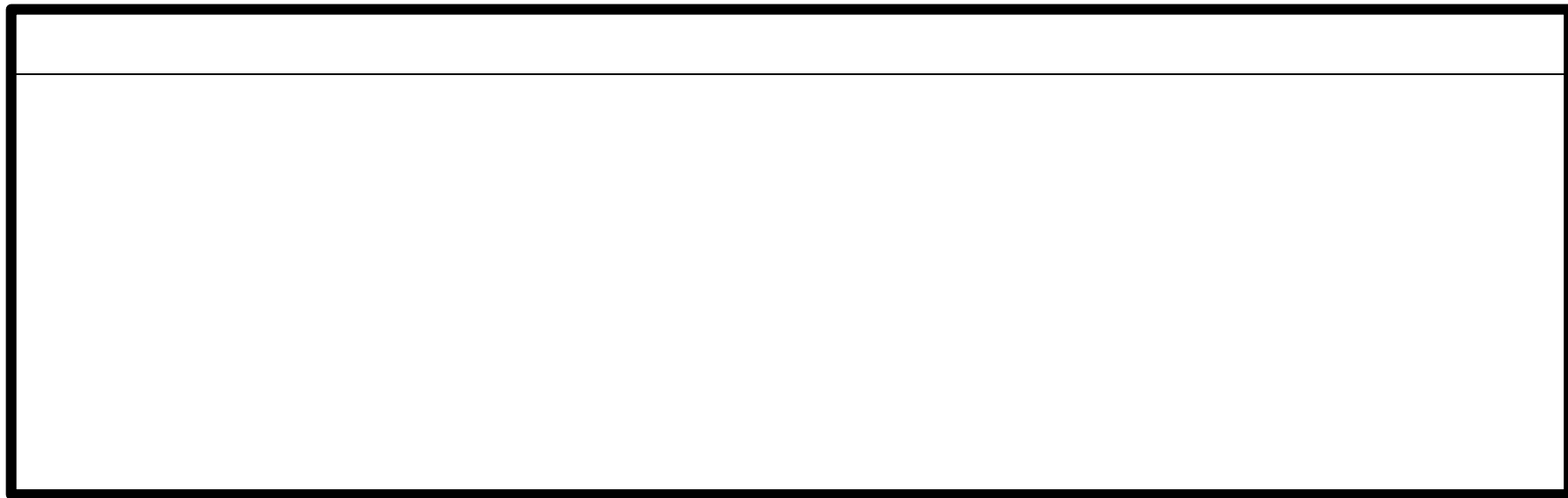
**Activity #3: Glue on the four things plants need to live.**



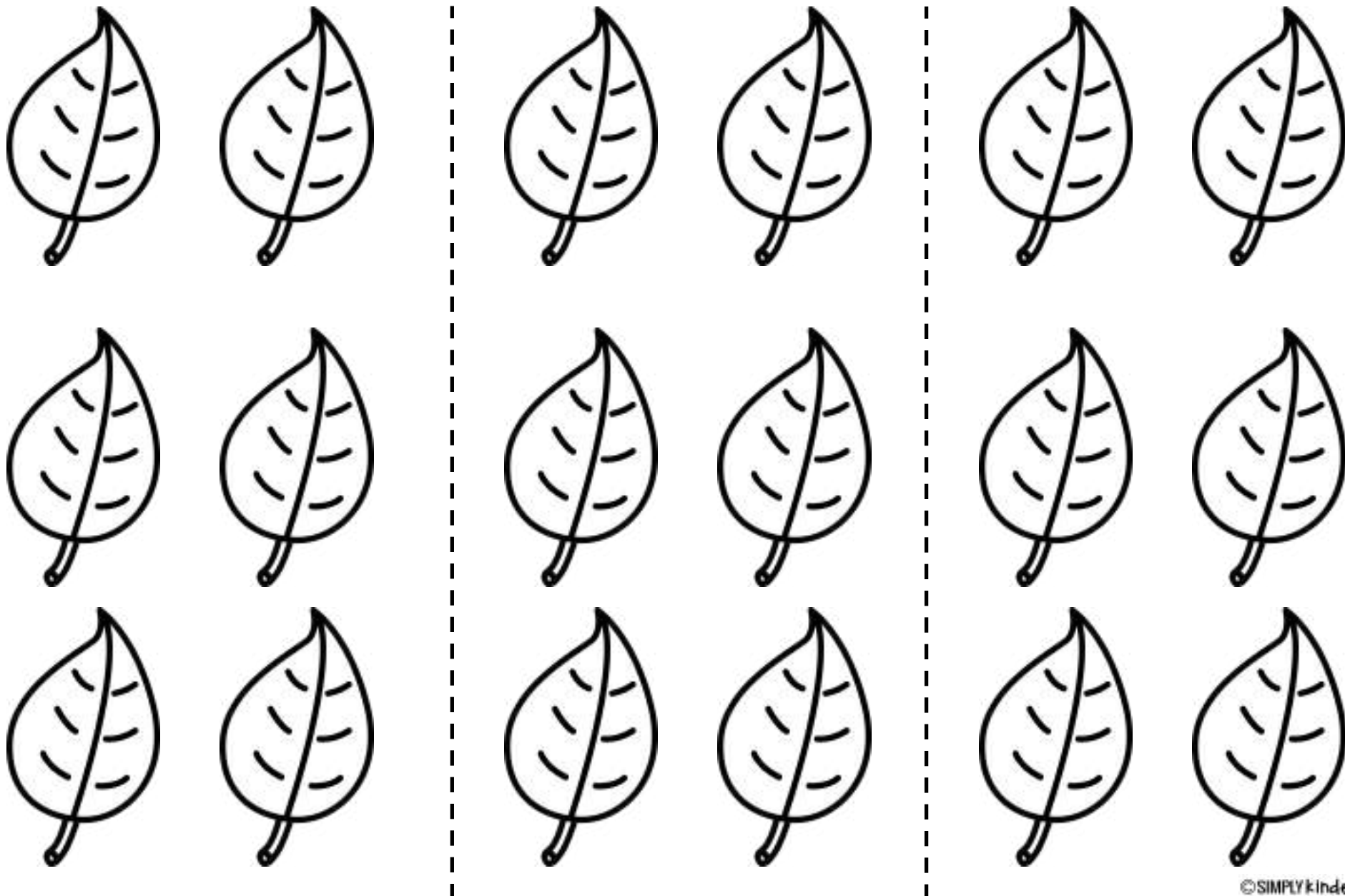
**Activity #5: Put fingerprints as raindrops or glue these on.**



**Activity #7: Color the rectangle brown for soil. Glue only on the small line in the book and then fold up the soil to see the roots.**

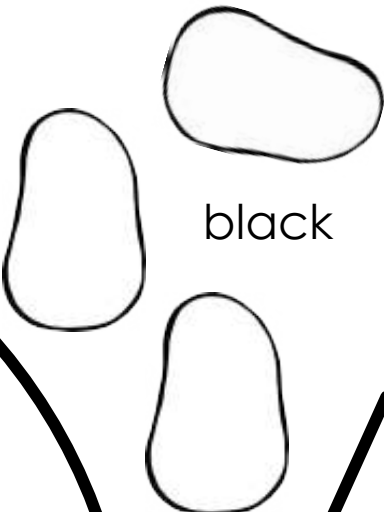


**Activity #8: Color, cut, and glue the leaves on the stems.**



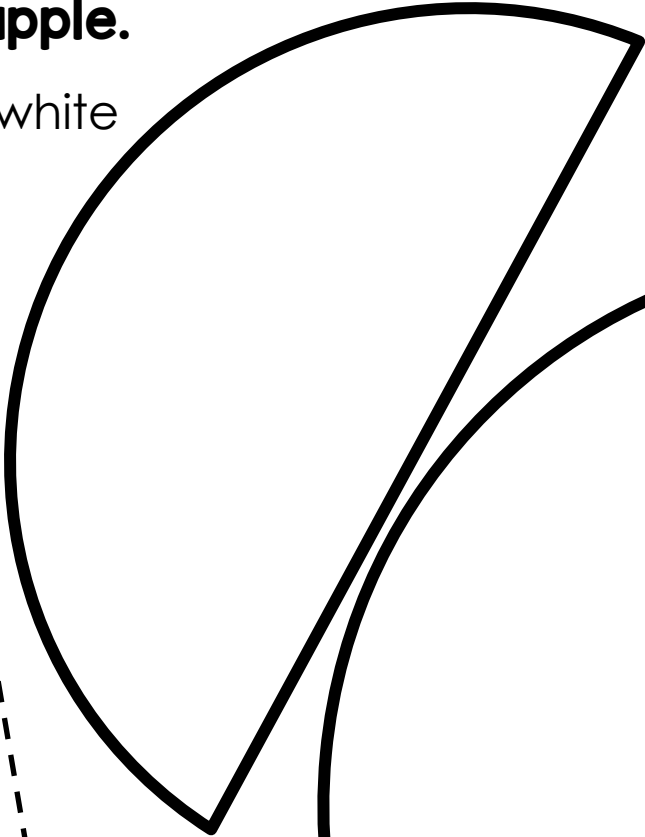
**Activity #10: Color, cut, and glue the apple.**

red, yellow,  
or green

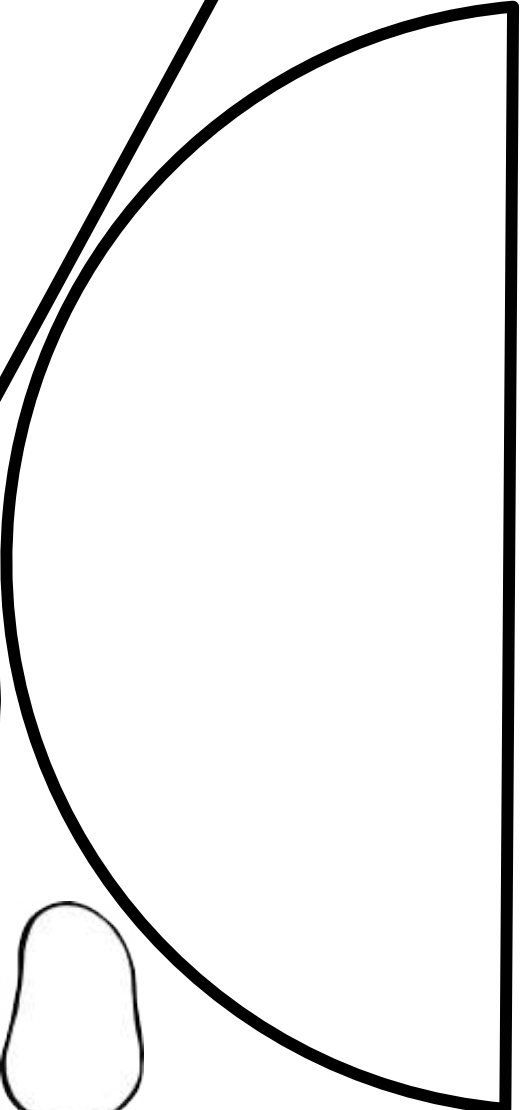


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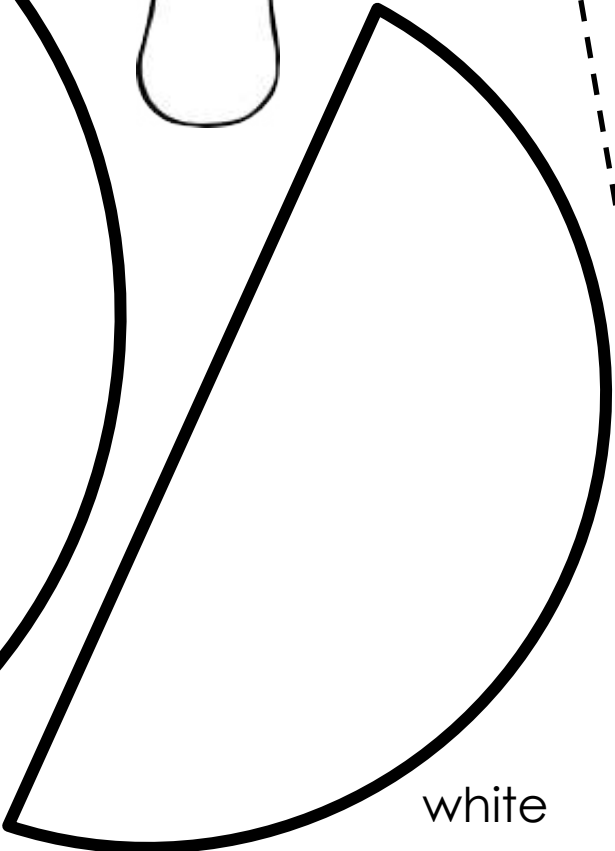
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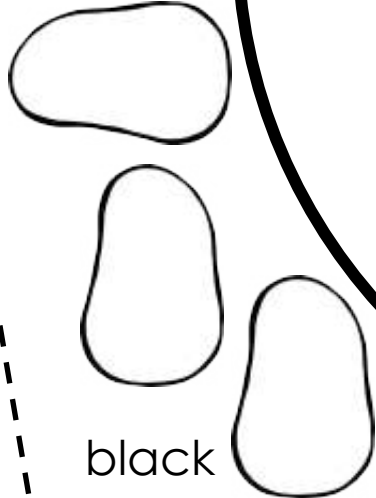
red,  
yellow,  
or green



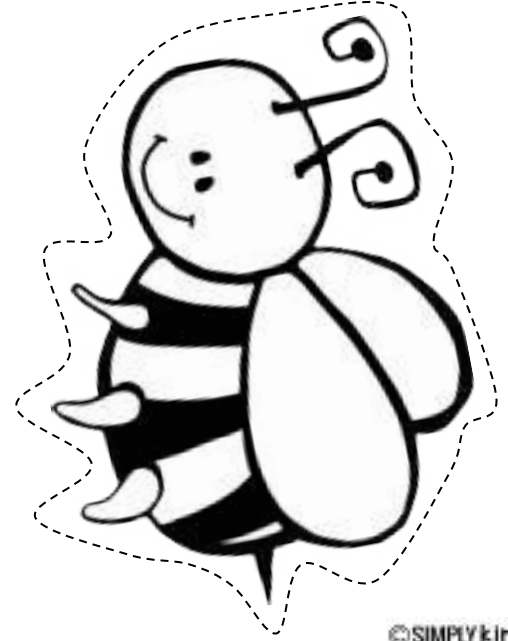
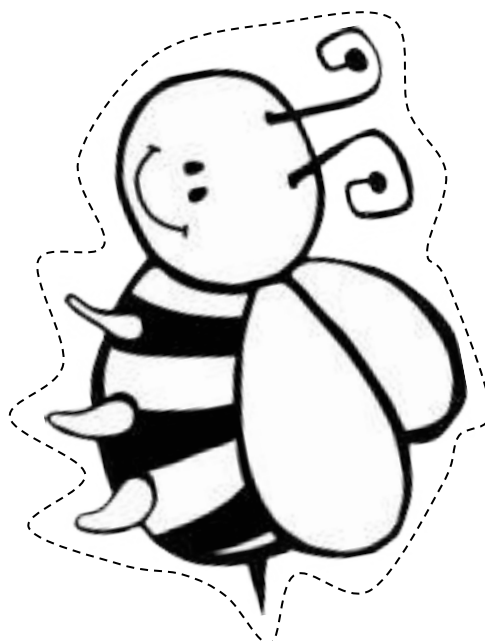
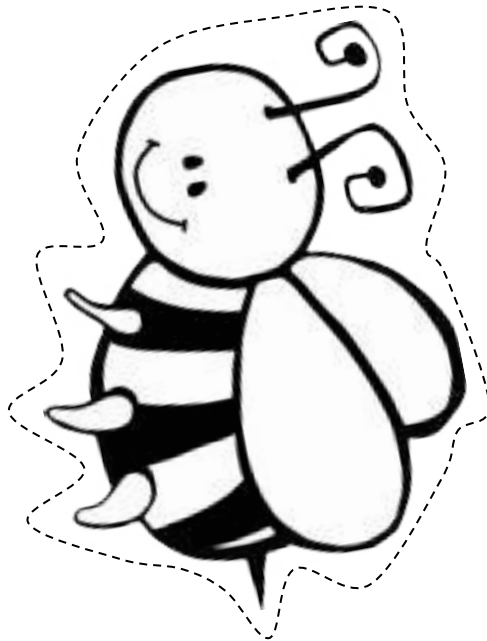
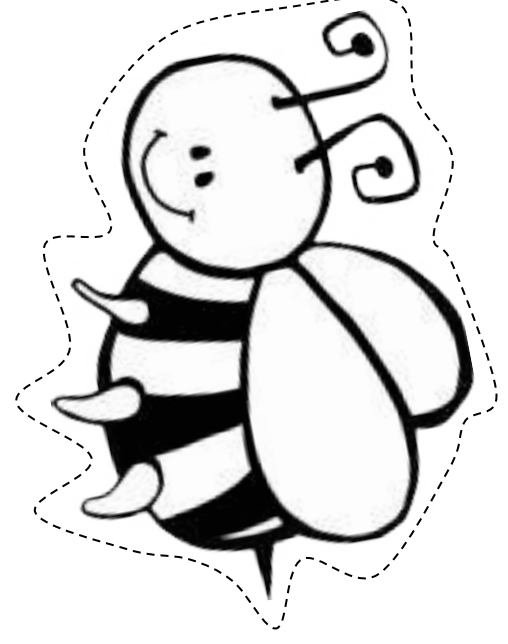
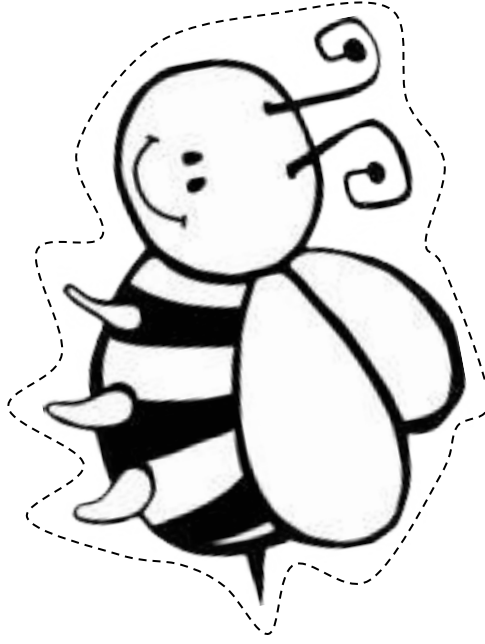
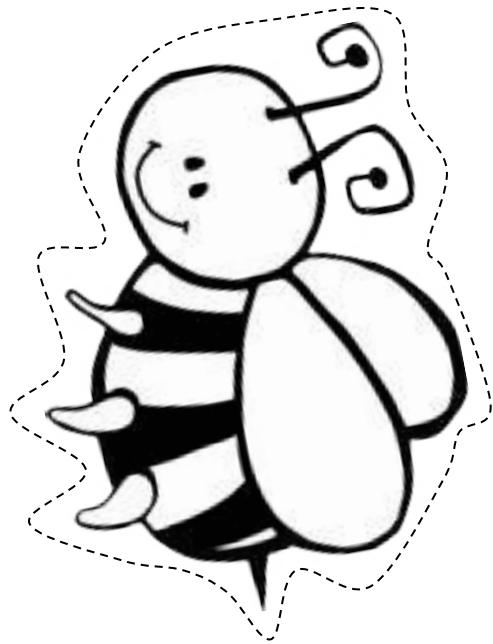
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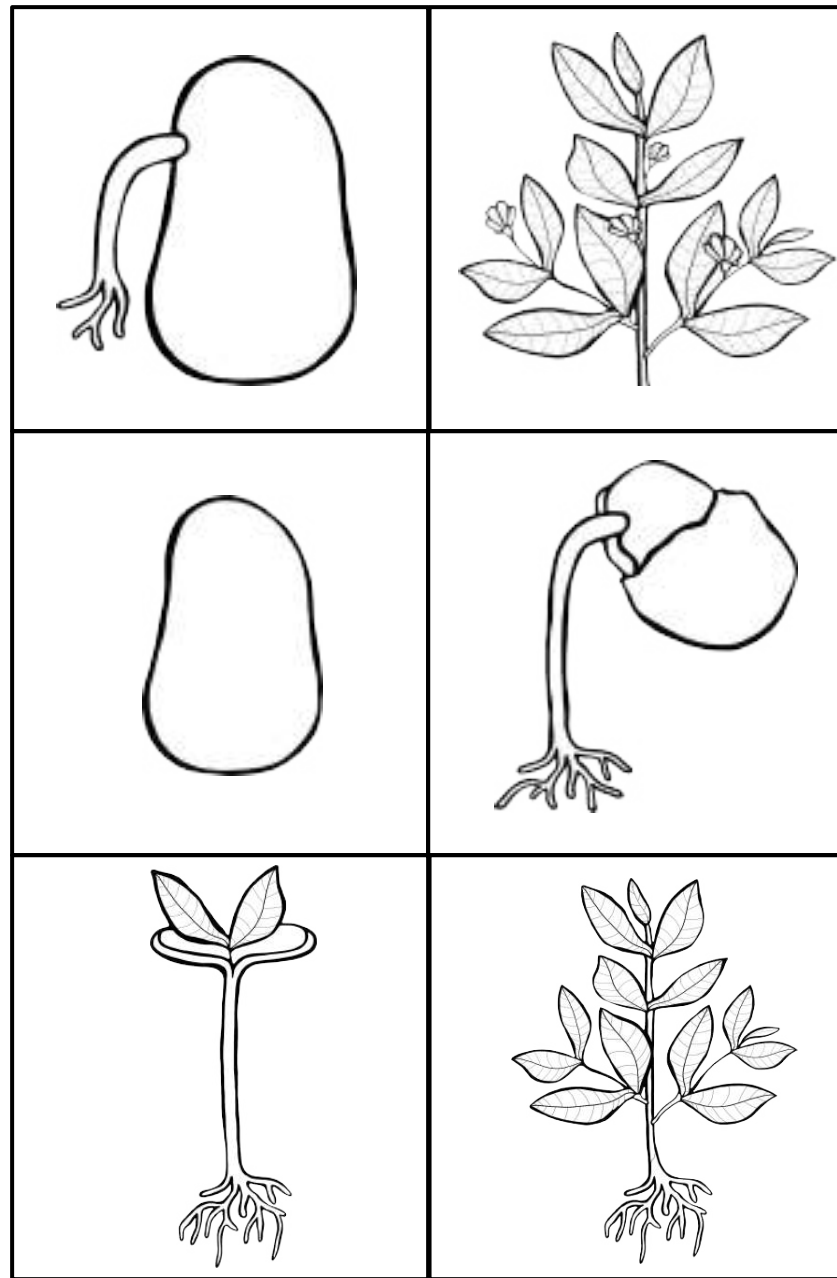
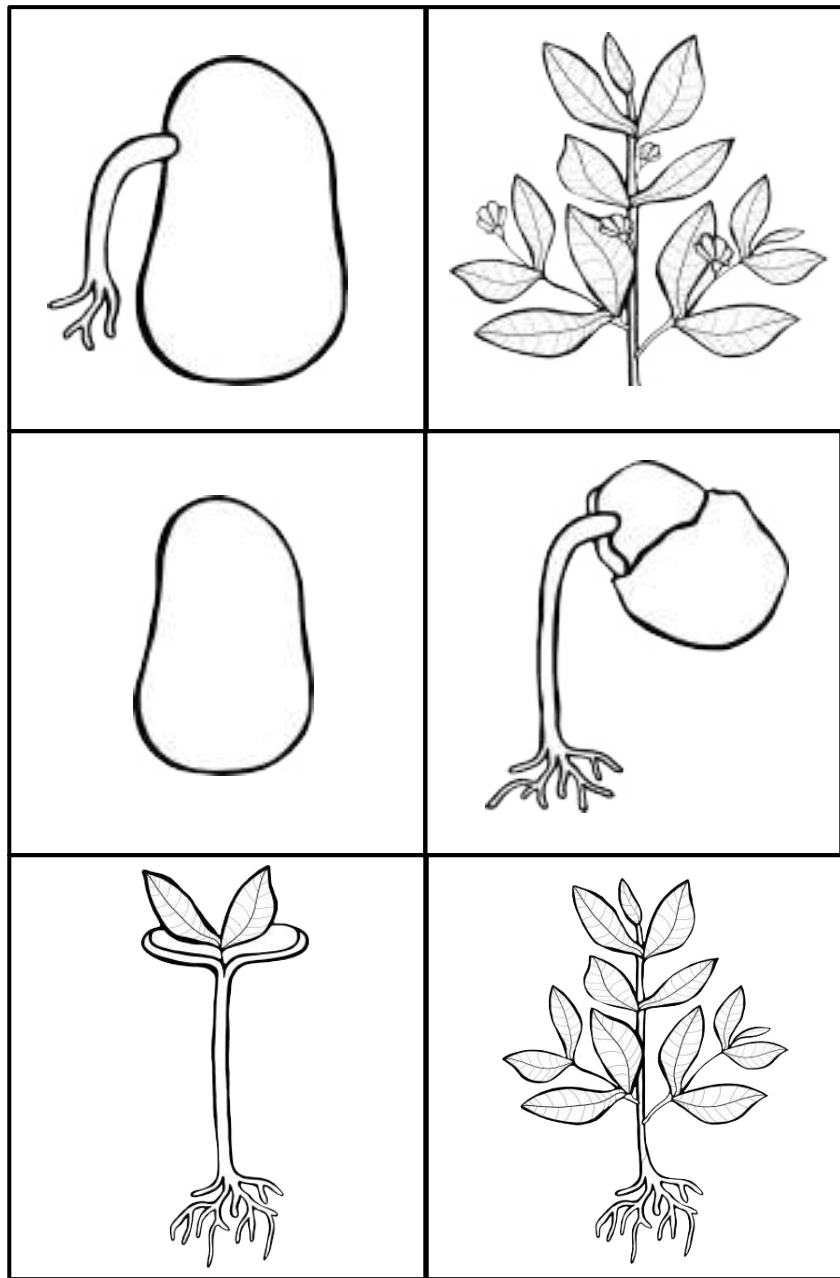
black



# Activity # 11: Color, cut, and tape on the bee.



# Activity # 12: Color, cut, and glue the lifecycle in order.



**JOURNAL PAGES**

DAY \_\_\_\_\_

DAY \_\_\_\_\_

**DAY** \_\_\_\_\_

**DAY** \_\_\_\_\_

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