Home Learning (Reception)

Working with your child at home may seem a bit daunting in terms of keeping them occupied and balancing time out. At school, we find keeping to routines a very helpful way of keeping children focused and balancing out formal learning time with relaxation. This also applies to keeping fairly regular bedtimes and getting up times to keep things are 'normal' as possible.

This may help you – or you may choose to set your own timetable! There is lots of advice and suggestions online if this doesn't really suit you.

Membra	7:30-9:00am Getting ready	Time to get up, washed, have breakfast and get dressed. Talk about the day ahead and ideas for activities.
	9:00am Reading/phonics	At school we start the day with some phonic activities. We recap our sounds and practise our words. We then practise our reading. You can use the resources provided on the school North Beckton's website (our learning- learning at home- EYFS) or https://www.topmarks.co.uk/Search.aspx?q=cvc
	9.50am Free choice	In school children are free to choose their own activities at this time. This can be: Painting Creative things using junk modelling (e.g. old boxes, tubes etc) Build using Lego or other construction toys. Be active. Is there an opportunity for your child to get active? Could they do some jogging / dancing if you are in the house? Is there a possibility to get outside for skipping / jumping / running? Have a snack Planting and helping to look after our edible garden/forest school.
1 3	11:00am Maths	Please see the sheet attached for some maths ideas. Good maths games websites that we like to use include: www.topmarks.co.uk , www.mathszone.co.uk Could you do some 'real life' maths together such as weighing ingredients for lunch or counting coins out and playing shops?
LUNCH	11.45 Lunch and playtime	Could your child help to prepare the lunch, clear up and wash up? For playtime, is there a chance to get active again? Or could your child chose an activity they enjoy such as drawing / colouring.
	Afternoon. Writing Reading and Free choice	At school, we tend to start off our afternoon with a literacy lesson. Please see attached sheet for ideas. We will practise our writing and focus on our topic of the term. We will also work on our red words and focus on reading our 'guided reading book'. Afterwards, the children are again free to choose their own activities.
	End of the day	It is important to think about when to end the day and separate home time.