

Nursery- Week Beginning 23.3.20

We have made a list of activities to try at home for the seven areas of the Early Years Foundation Stage.

Many of these activities should be able to be done without needing to buy any resources. We have tried to make them open and flexible. This is not a tick list for you to work down, choose your favourite and do them as many times as you like-repeating them is good!

Communication and language

- Can you find things around the house for each letter of the alphabet?
- Look out of a window - what can you see? Choose something interesting and draw it. What will you use to create it (pencil / pen / paint)?
- Singing nursery rhymes and action songs, such as Simon Says
- Story telling with homemade puppets-use old socks lolly sticks and straws
- Play guessing games-such as think of an animal and model giving clues to help your child guess the animal.



Literacy

- Share story books and talk about what is happening on each page
- Practise to write your name
- Practise to form some other letters (see RWI sheet)
- Draw or paint your favourite character from the story
- Hide an object in a 'mystery bag' and give a clue to what might be inside



Expressive Art and Design

- Dancing to music
- Sing familiar songs and make up your own words to nursery rhyme tunes
- Make shakers with pasta or rice in pots and empty bottles
- Make props for your favourite story and act it out together

Useful website

<https://www.bbc.co.uk/cbeebies/games>



Maths

- Sorting toys by colour or shapes
- Sing number rhymes, such as 5 Little ducks went swimming one day or the Everybody Get Up song counting song
- Add numbers to pegs and then help your child to order them
- Measuring ingredients to cook/help make dinner



Understanding the World

- Observe the weather each day and make a weather chart
- Feed the birds in the garden and keep a tally of which birds visit your garden
- Planting seeds such as cress - watching them grow
- Hunt for bugs in the garden
- Freeze small toys in ice and work how to get them out of the ice
- Make a family tree- who is in your family
- Look at science experiments for Early Years <https://www.firstdiscoverers.co.uk/early-years-science-activities-eyfs/>
- Use Nature Detectives for lots of exciting activities to do at home <https://www.naturedetectives.woodlandtrust.org.uk/naturedetectives/>



Physical Development

- Threading pasta on to wool or string
- Cut out a circle, square, rectangle and triangle and stick it in your book
- Water play in the bath-scooping, pouring and measuring
- Junk modelling
- Find 3 'healthy foods' and 3 'treat' foods and draw each food in your book
- Make playdough together. This is how! <https://www.youtube.com/watch?v=jv73CEzY1jg>
- Painting with water in the garden
- Building dens and tunnels with blankets and under the kitchen table
- Watch episodes of 'Come Outside' on youtube



Personal, Social and Emotional Development

- Share stories-retell and act them out
- Give your child responsibility to help with household chores-spray the window cleaner and clean the window is a favourite!
- Make bread together
- Chop the vegetables for dinner together
- Sharing a family meal and talk about your day

