

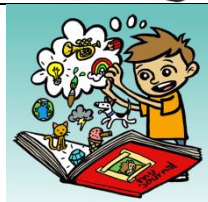

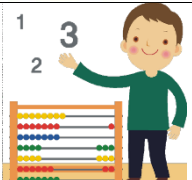
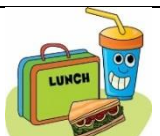
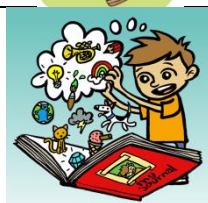



## Home Learning (Year 1)

Working with your child at home may seem a bit daunting in terms of keeping them occupied and balancing time out. At school, we find keeping to routines a very helpful way of keeping children focused and balancing out formal learning time with relaxation. This also applies to keeping fairly regular bedtimes and getting up times to keep things are 'normal' as possible.

	<b>7:30-9:00am Getting ready</b>	Time to get up, washed, have breakfast and get dressed. Talk about the day ahead and ideas for activities.
	<b>9:00am Reading/phonics</b>	At school we start the day with some phonic activities. We recap our sounds and practise our words. We then practise our reading. You can use the resources provided on the school North Beckton's website (our learning- learning at home- Year 1)
	<b>10am English/Writing</b>	In school children are taking part in a range of English/writing activities. You can use the ideas in the home learning resources provided on the school website or: <ul style="list-style-type: none"> <li>- Practise writing simple sentences using capital letters and full stop.</li> <li>- Write a story</li> <li>- Write a letter to your friends.</li> <li>- Keep a diary of the things that you are doing each day.</li> </ul>
	<b>10.45-11.15 Break time</b>	Time for a break and perhaps a snack. Is there an opportunity for your child to get active? Could they do some jogging / dancing if you are in the house? Is there a possibility to get outside for skipping / jumping / running?
	<b>11.15-12.15 Maths</b>	Please see the sheet attached for some maths ideas. Good maths games websites that we like to use include: <a href="http://www.topmarks.co.uk">www.topmarks.co.uk</a> , <a href="http://www.ictgames.com">www.ictgames.com</a> and <a href="http://www.mathszone.co.uk">www.mathszone.co.uk</a>  Could you do some 'real life' maths together such as weigh ingredients for lunch or counting coins out and playing shops?
	<b>12.15 Lunch</b>	Could your child help to prepare the lunch, clear up and wash up? For playtime, is there a chance to get active again? Or could your child chose an activity they enjoy such as drawing / colouring.
	<b>Afternoon</b>	At school, we tend to do more of the creative subjects in the afternoon. As well as project ideas we have sent home, some other suggestions for ideas at home could be: <ul style="list-style-type: none"> <li>• junk modelling something out of old boxes/containers</li> <li>• researching a famous person and presenting the information they found</li> <li>• going on a hunt for natural items outside and using to create some art work</li> <li>• arts and crafts – drawing/colouring/painting/creating</li> <li>• Science such as freezing / melting, looking at plants and animals in or out of the house</li> </ul>
	<b>End of the day</b>	It is important to think about <b>when</b> to end the day and separate home time.