



# Keeping up with the kids! Get prepared the teenage years are coming.

*“Parenting! The only job you do that you don’t get trained for”*

Led by parents for parents with children aged 9-12 this workshop will give you some tools for maintaining good relationships with your children as they head for the teenage years.

Together we will:

- Explore what its like to be a young person in Newham
- Develop our listening skills
- Understand boundaries



Children welcome craft and fun activities planned.

## when & where

**When:** Thursday 24<sup>th</sup> October  
09:45 – 12:30

**Where:** Beckton Community Centre  
14 East Ham Manor Way  
E6

## get in touch

For more information, and to book a please contact:

Suzannah Walker –

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or in person at Beckton Globe Library or North Woolwich Library.

As part of Newham’s Citizen’s assemblies programme Beckton and Royal Docks residents voted for a project to support parents and families as children grow from tweens to teens.

