

Dance.

When creating a dance try to use some of the following:

Gestures - A movement or position of the hand, arm, body, head, or face that is expressive of an idea, opinion, emotion



Motifs - A single movement or group of movements which shows the style or the theme of the dance.



Repetition - Movements or motifs are repeated exactly to gain interest



Pace - How quick or slow the dance is.



Style - The type of dance.



Level - The three levels in dance movement are high, middle and low. High - jumping or standing up straight. Medium - standing but not in an upright position. Low - near to the ground



Transition - The movement from one position to another in the dance.



Sequence - The order of the movements and motifs of the dance.

