






# NORTH BECKTON SCHOOL MENU



WEEK I	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Burger in Bun with Salad & Coleslaw	Spaghetti Bolognese	Roast Chicken & Stuffing with Roast Potatoes	Lamb Tikka Masala with Rice	Fish Fingers with Chips
<b>Vegetarian Choice</b>	Quorn & Pepper Fajita with Salad	Spanish Omelette with New Potatoes	Butternut Squash & Spinach Tart with Roast Potatoes	Cheese & Tomato Pizza	Cheese & Onion Slice with Chips
<b>Additional Choice</b>	Jacket Potato with Tuna & Cheese	Fish Burger with New Potatoes	Fish in Batter with Roast Potatoes	Chickpea & Potato Curry with Rice	BBQ Chicken with Chips
<b>Counter Dessert</b>	Pear & Peach Crumble with Custard	 Fruity Flapjack	 Sticky Orange Cake with Custard	 Chocolate Sponge with Chocolate Custard	Fruit, Jelly & Ice Cream
<b>Daily Options</b>	Vegetable Selection / Salad Bar / Fresh Fruit / Fruit Yoghurt / Cheese & Biscuits				






KEY:  Sugar Smart





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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Meatballs with Pasta & Tomato Sauce	Lamb & Vegetable Jollof Rice	Roast Turkey with Yorkshire Pudding & Roast Potatoes	Roast Chicken with Rice	Fish in Batter with Jacket Wedges
<b>Vegetarian Choice</b>	Vegetable Biryani with Dhal	Vegetarian Lasagne with Focaccia	Cheese & Onion Slice & Roast Potatoes	Quorn & Sweet Potato Curry with Rice	Tomato Pasta Bake
<b>Additional Choice</b>	Fish Burger with Salad	Fish Finger & Salad Wrap	Wholemeal Tuna Hoagie Melt	Jacket Potato with Tuna	Oriental Chicken Stir Fry Noodles
<b>Counter Dessert</b>	Raspberry Ice Cream Sponge Roll	 Apple Crumble with Custard	 Fruit Cheesecake	 Lemon & Courgette Cake with Custard	Frozen Yoghurt with Fruit
<b>Daily Options</b>	Vegetable Selection / Salad Bar / Fresh Fruit / Fruit Yoghurt / Cheese & Biscuits				





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# NORTH BECKTON SCHOOL MENU



WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Baked Sausages with Mashed Potatoes	Minced Beef & Vegetable Pie with Chips	Roast Lamb & Yorkshire Pudding with New Potatoes	Chicken Korma with Rice	Fish Fingers with Jacket Wedges
<b>Vegetarian Choice</b>	Vegan Jerk Wrap	Tuscan Vegetable Pasta Bake	Macaroni Cheese with Garlic Bread	Cheese & Tomato Pizza	Cheese & Onion Slice with Jacket Wedges
<b>Side Dishes</b>	Fish Finger Wrap	Fish in Breadcrumbs with Chips	Italian Style Fish Fillet with New Potatoes	Fish Biryani	Chicken & Sweetcorn Pasta Bake
<b>Additional Choice</b>	Rice Pudding with Jam	 Raspberry & Coconut Slice with Custard	Chocolate & Mandarin Mousse	 Lemon & Banana Cake with Custard	Waffles with Fruit & Ice Cream
<b>Daily Options</b>	Vegetable Selection / Salad Bar / Fresh Fruit / Fruit Yoghurt / Cheese & Biscuits				



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