

Resources in support of bereavement. Selected by Place2Be.



Place2Be is working in close collaboration with North Beckton Primary School in supporting children and families with bereavement.

Place2Be can offer different types of support:

- Phone conversations with the parents for advice on how to talk to their children about the loss of a loved one.
- Therapeutic interventions on children to help them make sense of an important loss.
- Teacher support on how to create a supportive school environment for children facing a loss.

Please get in contact with the school if you would like to be contacted by Place2Be.

There are many different charities offering support to children and families around bereavement, these listed here offer more appropriate information that is geared around schools as well as children and families.

1. Winston's Wish <https://www.winstonswish.org/>

They offer a range of resources and support options for children and their families including:

- Freephone National Helpline is free to call on 08088 020 021 which offers therapeutic advice following a bereavement. The helpline provides bereavement support for parents, carers and professionals who are looking for childhood bereavement advice and support.
- Online chat support designed to help children and young people talk about their grief and discuss ways to manage this via one to one support speaking to someone.
- ASK email service is a UK-wide national email service, offering support, information and advice to anyone seeking it.

2. Childhood Bereavement Network <http://www.childhoodbereavementnetwork.org.uk/>

They offer a range of resources and support for children, parents and schools. This website had a large library of downloadable documents and resources that can be printed and used with families to support them through their bereavement.

3. Grief Encounter <https://www.griefencounter.org.uk/>

This organisation provides support for children who have suffered from the death of a parent with a range of different services.