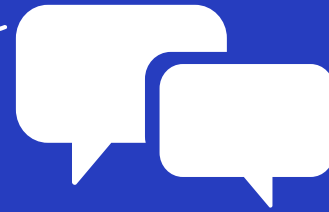


Coffee & Chat



A monthly space for parents to come together and discuss:

- **The challenges of lockdown**
- **Taking care of ourselves**
- **Resilience**
- **Share your experiences**

To sign up, please follow the link:

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For more information, please contact:

headstart.programmeteam@newham.gov.uk



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WEDNESDAYS

@ 10AM

10th February 2021

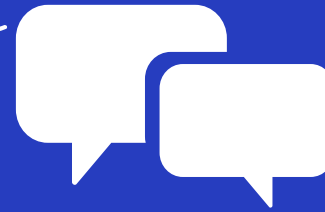
10th March 2021

9th June 2021

14th April 2021

12th May 2021

Coffee & Chat



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WEDNESDAYS

@ 6PM

17th March 2021

21st April 2021

19th May 2021

16th June 2021