

Prevent and Protect

Working together to safeguard children

24th September 2021 Edition

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CAMHS Wellbeing Workshops

A warm welcome back to the new term!
We hope that you had a restful and fun summer break.

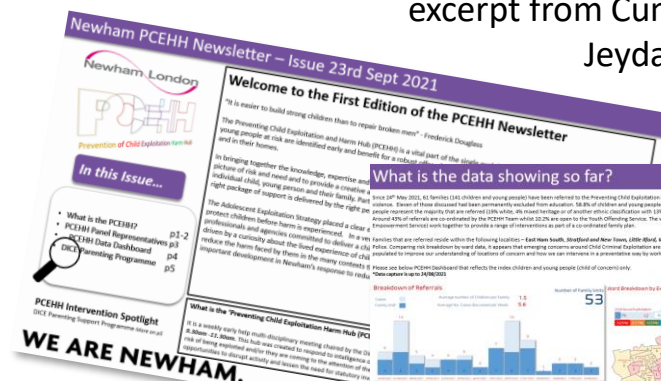
Have a wonderful weekend!

The Early Help Partnership

New Safeguarding Staff?
Update your school's contact details

[here](#)

This week saw our first edition of the PCEHH Newsletter; featuring an excerpt from Cumberland's very own Jeyda Asutay!



Newham PCEHH Newsletter – Is

PCEHH Panel Representatives
Multi Agency Panel
Schools, Social Care, Early Help, Children's Health, Police, Voluntary Agencies

I am the Safeguarding Deputy at Cumberland Community School and am a PCEHH panel member. I am committed to the new panel and feel very strongly about ensuring effective communication is in place with respect to exploitation. The panel has grown and the information that is being shared is highly informative - we need to know what is happening in the community and interestingly we are able to make links between us as professionals. As professionals within Newham we all know the children we work with however we need to extend our knowledge and intelligence. I strongly believe once the PCEHH has embedded itself within Newham we will have a much stronger feel as to what is happening in the community and how we can make effective changes - together. We all have our own strategies and interventions we may use that work for the YP we work with. PCEHH is a great forum to share strategies; information sharing is great practice as professionals do not always have the answers therefore networking is key.



Jeyda Asutay

Cumberland Community School

Update from Safeguarding...

Thank you very much for your **Children Abroad** information. I am keeping this updated and appreciate knowing who has returned since the beginning of term!

There's a direct reference to the excellent work and leadership role of DSLs in the context of whole school action to support children affected by peer – on – peer abuse in the Newham **Joint Position Statement** about **Everyone's Invited**, which came out in Connect, this week. Please be assured that everyone in Safeguarding in education and Early Help is here to help, and Network meetings will continue to provide information about curricular content and training offers from RSHE.

Thank you for returning your Section 11 forms in the MSFormat as requested, this year. The deadline is October 22nd, please. The Word version is for your own record and for sharing with key colleagues in school. We are investigating a better format for next year.

The Safeguarding policy template is available from Monday. Thank you very much to the colleagues who have supported its production this term!

I hope you're enjoying this term so far,

Best wishes, Louise

DSL Refresher Training and the NSCP Training Programme

We are currently arranging new dates for the DSL Refresher Training course with the trainer.

We will update all DSLs and DDSLs once these dates have been confirmed

Thank you for your patience!

For the meantime, please do browse the [Newham's Safeguarding Children's Multi-Agency Training Programme](#)

For DSL Training: <https://www.newhamconnect.uk/Training>

NSCP



NSCP Training Programme



Newham's Safeguarding Children's Multi-Agency Training Programme

Contents

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|--|---|
| 1. Child Neglect: Assessing the Quality of Parental Care - Using GCP2 Tool | 19. Managing Allegations and LADO Roles |
| 2. Child Neglect: GCP2 Surgery - Beyond the Training | 20. Perinatal Mental Health |
| 3. Child Sexual Abuse, and Harmful Sexual Behaviour | 21. Pan London Offer |
| 4. Complex and Contextual Safeguarding (8 Modules) | 22. Radicalisation Awareness Workshop (AM +PM) |
| 5. Complex Safeguarding: Risks and Strengthens linked to Faith and Belief | 23. Safeguarding and disable children |
| 6. Creating Safer Organisations | 24. Safeguarding Children Living away from Home |
| 7. Criminal Exploitation | 25. Self-Harm Suicide and Young People |
| 8. Cultural Competence and Safeguarding | |
| 9. Digital Safeguarding | 26. Think Child, Think Family - Think everyone has a Life story |
| 10. Domestic Abuse | 27. Trauma Informed Practice (4 modules) |
| 11. Domestic Abuse - Advanced | 28. Understanding Adolescent Mental Health: Implications for practice and improving wellbeing |
| 12. Early Help Framework and Team Around the Family | 29. Video Clips – links to informative clips |
| 13. Extremism: Understanding the Impact on Young People | 30. Working with Men Training |
| 14. Female Genital Mutilation | 31. Working with Migrant Children |
| 15. First Friday Multiagency Forum | 32. Working with Transgender children and Adults - Introduction to Trans Awareness |
| 16. Healthy Relationships & Online Sexual Content | 33. Working with Young Women and Girls Affected by Gangs and County Lines |
| 17. Impact of Parental Substance Misuse | 34. Working together: Child Protection Conferences and Group Meetings |
| 18. Introduction to Complex and Contextual Safeguarding and Tools | |

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Vision

Making the best place for children and young people.
All young people in Newham should:

Grow up healthy, happy and safe

Flourish in our schools

Benefit from training and employment opportunities

Play an active role in our community

Priorities

1. All age exploitation - joint with Newham Safeguarding Adults Board
To co-ordinate and drive, forward multi-agency programmes and interventions in Newham which combat exploitation in all its forms e.g. Financial Abuse, Modern slavery, Sexual Exploitation, Criminal Exploitation, Radicalisation
2. Transitions - joint with Newham Safeguarding Adults Board
Moving from child to adulthood in a safe and positive way
3. Improve quality of assessments across the partnership
This will include voice of child and young person, professional curiosity, and use of Graded Care Profile 2
Supporting Professionals in working with

- Child/Young Person
- Parent/Carer/Guardian
- Community

All Learning and Development should create an ethos that

- values working collaboratively with others (valuing different roles, knowledge and skills)
- respects diversity (including culture, race, religion and disability)
- promotes equality
- encourages the participation of children and families in the safeguarding processes

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ELSA

What is ELSA training?

Emotional Literacy Support Assistant training, or ELSA is designed to train school based professionals such as Teaching Assistants (TAs) to support the emotional needs of their pupils within the school's own resources.

An ELSA can:

One-to-one advice and guidance to all via phone or on-line or face to face.

Help pupils with social and emotional difficulties recognise, understand and manage their emotions

Offer proactive interventions targeted to individual needs

Plan and deliver individual and small group programmes

Build on the skills of key staff in school



WE ARE SUPPORTING.



Newham Educational Psychology Service
ELSA training and information 2021

For more information, please contact
valerie.jackson@newham.gov.uk

People at the Heart
of Everything We Do

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Training details

The ELSA programme consists of a minimum of 25 hours of training delivered by Educational Psychologists from Newham.

Due to the ongoing pandemic, it is likely the sessions will be delivered through a 'blended' learning approach, with a combination of online and face to face modules, dependent on the current government guidelines. Topics that will be covered through the training programme include:

- Raising Emotional Literacy Awareness; Emotional Literacy in Schools
- Building Resilience and Self-esteem: Social and Friendship Skills, Sense of Belonging, Building Relationships, Motivation and Confidence.
- Managing Emotions, including Emotion Coaching
- Developing cultural competence, and working with diversity
- Trauma informed approaches, including working to support mental health in a pandemic
- Supporting Children Through Loss, Bereavement & Family Break Up;
- The Use of Story in ELSA work, including therapeutic story writing, and the use of puppets.
- Active Listening and Reflective Conversations:
- Supporting emotional literacy needs in pupils with Autism



ELSA

What next?

Identify a suitable person / people for the role - someone who has a good rapport with children, staff and parents.

Email your link EP to register your interest

School commitment

Release designated staff for training and supervision sessions*.

Designate space and time for planning and delivery of ELSA support to pupils.

Line manager to attend.

Dates

Thursday 14th October 2021
Thursday 11th November 2021
Thursday 9th December 2021
Thursday 20th January 2022
Thursday 10th February 2022
Thursday 17th March 2022

Supervision will be offered beginning in February 2022.

Cost

Equivalent of 6 days training (including the course material text: Emotional Wellbeing: an Introductory Handbook) and

6 supervision sessions from September 2022 to June 2022

Total cost: £595

Following this, an on-going annual cost of £160 (approx.) for half termly supervision sessions. Ongoing supervision is an essential component of the ELSA programme

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Form

Please complete the form below to reserve a place on the ELSA course starting in October 2021.

Support assistant's name (names if more than one)	
Your name	
Your role	
Your school	
Invoice should be sent to:	

Please forward this form to: valerie.jackson@newham.gov.uk

WE ARE NEWHAM.

People at the Heart
of Everything We Do

DICE Parenting Programme

DICE is a **4 week Parenting Support Programme**

It provides families with **information, advice** and **support** that can help them to provide a safe and protective environment for their child or young person

Each session will be **relaxed** and **informal**, with a **variety of activities, discussions** and **videos**. There will be a maximum of **12 parents/carers**, providing an ideal opportunity to meet others in similar situations and to share experiences. The programme will take place **virtually** until further notice.



Professionals can also refer
parents and carers

[Sign up to DICE!](#)

Course 1 (Weds, 10-12pm), 8th, 15th, 22nd and 29th
September 2021 (**FULL**)

Course 2 (Weds, 6-8pm), 29th September, 6th, 13th and
20th October 2021 (**FULL**)

Course 3 (Tues, 10-12pm), 2nd, 9th, 16th and 23rd
November 2021 (**SPACES AVAILABLE**)

Course 4 (Mon, 6-8pm), 10th, 17th, 24th and 31st January
2021 (**SPACES AVAILABLE**)

Session 01-Introductions and thinking about the life of a
teenager

Session 02-Exploitation and the grooming process

Session 03-Digital Dangers

Session 04-Parenting top tips & support networks

Exploitation & The
Grooming process

Digital Dangers

Parenting Top Tips &
Support Networks

The Teenage Brain

Reporting Indecent Images

Children and the **Internet Watch Foundation** (IWF) have launched a new tool which allows children and young people, or trusted adults on their behalf, to report a nude image or video of themselves so that the IWF can take steps to remove it from the internet.

You can report an image/video that hasn't been uploaded or shared. The IWF will assign a 'hash' to prevent the image being uploaded by anyone.

Image hashing is the creation of a unique digital description/copy of an image that can be used by the image being uploaded or shared, and prevent that action from asking place.

- Information from the IWF
<https://iwf.org.uk/news/new-tool-empowers-children-and-young-people-stop-spread-nude-images-online>
- Childline reporting tool, Report Remove –
<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/remove-nude-image-shared-online/>