

Dear Parents/Carers,

We are pleased to see that Covid numbers continue to fall within our local community whilst the number of people being vaccinated is increasing. This means, as a school, we can very cautiously start to re-look at our risk assessment to allow the school day to slowly get back to 'normal'. This started two weeks ago with the children being allowed to play outside with other children from different bubbles in their year group. We are now starting to think about some outdoor 'end of year' activities, which can be accessed by walking or private transport, and Years 5 and 6 are being offered the opportunity to visit Fairplay House in Essex for some outdoor and adventurous activities. Please be assured, all our changes are inline with the latest Government Guidance and are under constant review.

Regards, Ms Helm

SAM (our School Attendance Mascot) joined in with our Friday whole school Zoom assembly and visited those classes who had 100% attendance and punctuality last week. We are very keen for a second visit so please make sure your child is in school, every day and on time (unless they are unwell!)



**Free, safe
and anonymous
online counselling
and support**

**GOOD ATTENDANCE
AND PUNCTUALITY
ARE ESSENTIAL**

Our Attendance Management Service procedures are now fully back to their pre-covid position. Therefore, if your child is regularly absent, or late being dropped-off/picked-up, please expect that you will start to get letters, requests for meeting and ultimately fines from the London Borough of Newham.

It is ESSENTIAL that all absences are being reported using our STUDYBUGS app.

Our 'Thought for Next Week'

Next week, in our assemblies, we will be thinking about:

"Is it better to give than to receive?"

What are the different types of charities?

What are the benefits of being charitable?

Why is the concept of 'charity' integral with different faiths and those with no faith?

We don't always have to give money; what else could we 'give' to others?



DYNAMOS CRICKET FOR GIRLS IN EAST LONDON

WHAT IS DYNAMOS CRICKET?

Dynamo Cricket provides a fantastic next step for all those graduating from All Stars Cricket and the perfect introduction for all 8-11 year-olds new to the sport!

Complementing junior cricket, Dynamo provides children with a more social offer focused on developing fundamental movement skills and applying them in an exciting game of countdown cricket.

We know how important it is to look like the heroes of the game, so every child who registers will receive their very own Dynamo Cricket New Balance t-shirt, personalised with their name and number.

THE PROGRAMME

- Children will use soft balls and light wooden bats
- Minimum of six 60-90 minute sessions
- Introduction to game play through a countdown cricket match
- New Balance personalised t-shirt with name and number
- Complementary digital app experience
- Exclusive access to Topps Cricket Attax cards
- Safe and fully accredited

WHERE TO PLAY

Aztecs CC, RM6 6UL - Starts 14th May at 9am
 Buckhurst Hill CC, IG9 6BJ - Starts 21st May at 6.30pm
 Ekota Academy, IG3 9QX - Starts 19th May at 6.30pm
 Gidea Park & Romford CC, RM2 6NP - Starts 10th May at 5.45pm
 Harold Wood CC, RM3 0NX - Starts 18th May at 6.30pm
 Hornchurch Athletic CC, RM11 1EX - Starts 21st May at 6pm
 Loughton CC, IG10 1NQ - Starts 11th May at 5pm
 South Woodford CC, IG8 8JB - Starts 7th June at 6pm
 West Essex CC, E4 9JG - Starts 26th May at 6.30pm
 Woodford Wells CC, IG8 0NL - Starts 11th May at 5.30pm

To book visit - dynamoscriccket.co.uk

Eid al-Fitr

For children and families who are celebrating Eid next week, we hope you have a great time.

Please can you let the school know if your child will be absent for religious observance as this will be classed as authorised absence.



Supporting Carers in Newham May Timetable



Carers need to be registered with Carers First to attend these events:

Thursday 6th: 2-3pm | Carers First: Lifestyle for Carers | first Thursday every month
 Carer led: Connect and share your experiences with other carers. Remember the beauty of being a carer and re-learn how to take care of ourselves as well as the ones we care for.

Friday 7th, 14th, 21st, 28th: 11-1pm | Carers First: Mindfulness-based Living course | until July 2nd
 An introductory session on 7th May for people wishing to find out more about mindfulness followed by an 8 week FREE course. [Book via Eventbrite](#) or call us

Monday 10th: 11-12pm | Carers First: Health and Wellbeing Group | second Monday every month
 This is a new monthly group for carers to share ideas on how to live well. In this first session during mental health awareness week we will discuss what health and wellbeing means for you and then decide together what future wellbeing sessions we will run and where they will take place once restrictions have been lifted. Everyone who attends will receive a small thank you gift from us. Join us to chat, share ideas, and plan.
[Book via Eventbrite](#) or call us

Tuesday 11th: 10:30-12:20pm & Thursday 20th: 11-1pm | Carers First: Finances, benefits, and utilities | Argo Life & Legacy
 This course will discuss what benefits are available, looking at managing finances and navigating utilities.
[Book Via Eventbrite Tuesday 11th or Thursday 20th](#) or call us

Tuesday 11th: 2-3pm | Carers First: Creative Heart-istic Expressions | every second Tuesday
 Hosted by a Carers First Volunteer, this group connects carers with others to share pieces of creative and artistic expression in forms of songs, writing, art, achievements, dreams and goals in a safe space.

Wednesday 12th: 1:30-2:45pm | Carers First: Essential Oils Workshop | fully booked
 Join us for this with this interactive relaxing workshop exploring the benefits of Essential Oils, including managing stress, alleviating anxiety, and boosting our wellbeing.

Friday 28th: 2-3:30pm | Carers First: Men's Group | Fourth Friday every month
 Are you a male carer? Are you looking to engage with other males who you can relate too? Pop into to our new friendly group, which will take place once a month, this is a safe space for male carers to discuss anything from sports, movies or your caring role. [Book via Eventbrite](#) or call us

Other Groups | Working Wednesdays, Carers Yoga, Parent's talk time, Dance & Movement, Food for Thought, Powerful Poetry, E17 Creative Carers Arts and Crafts, | visit [What's On in Newham](#)

For Young Carers we run afterschool groups, 1-1 support, workshops and activities during the school holidays. For more information email youngcarers@carersfirst.org.uk or make a referral

For more information, book your place or register with us:



0300 303 1555



hello@carersfirst.org.uk



self referral



professional referral



SUPPORTED BY

MAYOR OF LONDON

Please email Mrs Drake on:

6oclockclub@northbeckton.ttl.academy

breakfastclub@northbeckton.ttl.academy

for more information or to book places.



Breakfast Club