

# WE ARE

# BECKTON GLOBE

# LIBRARY

# What's on?

Beckton Globe Library  
1 Kingsford Way E6 5JQ

## MONDAY

**Stay and Play.** Open to under 5's to come and play. 11.00-12.00pm

**Knit and Natter** Open to all abilities, bring your own project or use our materials. 11.00 – 1.00pm

**Tai Chi Sword** Traditional sword Tai chi for adults all levels beginner's welcome. 11.00 – 1.00pm

**Table tennis** - open to 5+. 4.00 - 5.00pm

**Kundalini Yoga with Indira** Open to all abilities. 6.00 – 7.00pm.

## TUESDAY

**Sing-along-story time** Welcoming all Under 5's with storytelling rhymes and sing along. 10.30 – 11.30am

**Chair Yoga with Indira** Open to all abilities. 12.00 – 1.00pm

**Board games** Open to 5+. 4.00-5.00pm

**GCSE Maths Help** Drop-in support for young people. 4.00 – 5.00pm

**Learn My Way** Get support using computers. 5-6pm

## WEDNESDAY

**Knit and Natter** Open to all abilities, bring your own project or use our materials. 11.00 – 1.00pm

**Forever Young** Social activities for 50+ in Beckton Globe Youth Zone 11.00 - 1.00pm

**Lego Club** for ages 4+. 4.00 – 5.00pm

## THURSDAY

**Stay and Play.** Open to under 5's to come and play. 11.00-12.00pm

**Get Connected** Get support online, such as filling in forms or paying bills. 1.00-2.00pm.

**Lost in Books.** Join us for storytelling, book crafts and more. Age 5+ - 3.45 - 4.30pm

**Conversation Club** Come along and practice your English. Drinks provided. 4.30 – 5.30pm

## FRIDAY

**Learn My Way** Get support using computers. 10.30 – 11.30am

**Beckton Social Walks** Enjoy a led walk around Beckton with great company. Delivered by ActiveNewham Volunteers. 11.00 – 12.00pm

**Arts and Crafts** Open to children aged 5+. 4.00-5.00pm

## SATURDAY

**Councillor Surgery Drop-in** 11.00 – 12.00pm

**Friendship Club** on the 2nd Saturday of the month. A place for people with autism and learning disabilities to meet. 2.00 – 4.00pm.

**Movie Club** - Watch your favourite movie, 5+. 2.30-4.00pm

**Lego Club** for ages 4+. 4.00 – 5.00pm

## OPEN TO ALL ONLINE

**Monday**  
Zumba Gold with Olga – 3.30 – 4.15pm

Sign up to join us on Zoom:

<https://www.eventbrite.co.uk/e/149414038411>

**Wednesday**

Yoga Nidra with Indira – 6.30 – 7.30pm

Sign up to join us on Zoom:

<https://www.eventbrite.co.uk/e/316651391837>



If you would like to find out more, please join our mailing list by scanning the QR code



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