

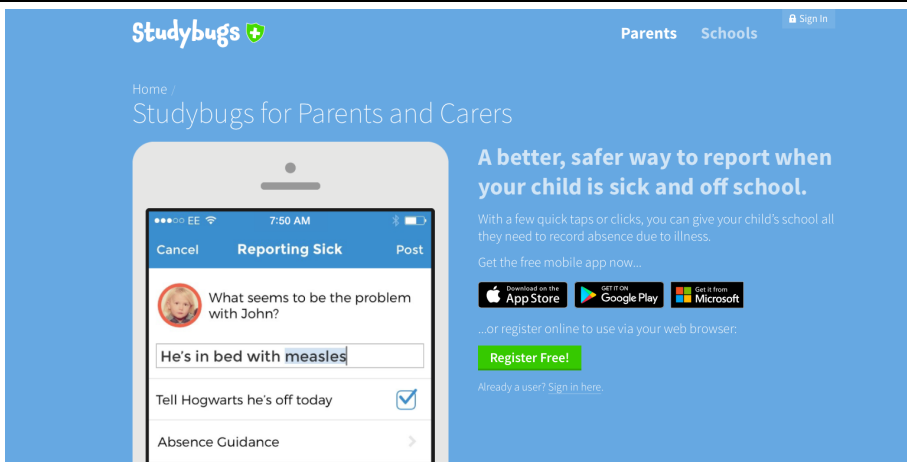
Dear Parents/Carers,

Our after school clubs will be starting for Years 1-6 next week. Please note, the children **do not** have to return a letter and we will take it that if they are not picked up at 3.20 next week, they are joining the club. If joining a club, the expectation is that they attend regularly and failure to do so may result in them losing their place in the club. The clubs will run from 3.30 - 4.25 and children will need to be collected promptly using the Whiley entrance and exit loop. Separate letters will be going out about children who we would like to attend tuition lessons and these will start the week after. Unfortunately we have just received news from Active Newham that their swimming pools are all currently closed which means our Year 6 classes, and our SEN swimming group, will not be attending for the next couple of weeks.



The photographer is coming

Please note that the school photographer is coming on Monday 10th October to take individual and sibling school photos. Please can you ensure your child is wearing their uniform (and look-



The screenshot shows the Studybugs app interface. At the top, it says 'Studybugs' with a green plus icon. Below that, 'Home / Studybugs for Parents and Carers'. The main content area shows a 'Reporting Sick' form on a smartphone screen. The form has a 'Cancel' button on the left and a 'Post' button on the right. The question is 'What seems to be the problem with John?'. The answer entered is 'He's in bed with measles'. Below that, there is a checkbox for 'Tell Hogwarts he's off today' which is checked. At the bottom of the form is 'Absence Guidance'. To the right of the smartphone screen, there is text: 'A better, safer way to report when your child is sick and off school. With a few quick taps or clicks, you can give your child's school all they need to record absence due to illness. Get the free mobile app now...'. Below this are icons for 'Download on the App Store', 'GET IT ON Google Play', and 'Get it from Microsoft'. At the bottom, there is a 'Register Free!' button and a link for 'Already a user? Sign in here.'.

89% of our parents are now using Studybugs; if you are part of the 11% who still are not using this app, please come to the school office and we can show you how to download and use it.

Singing Assemblies: We have re-started our in-person singing assemblies last week and it is wonderful to hear the whole school back singing. At the moment, we are learning the school song "We All Belong" and also the song, "Something Inside So Strong." Please encourage your children to learn the lyrics and perhaps sing along with them (there are lots of versions on YouTube!)

The higher you build your barriers

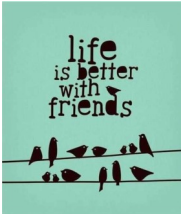
The taller I become
The further you take my rights away
The faster I will run
You can deny me
You can decide to turn your face away
No matter, cos there's

... Something inside so strong

I know that I can make it
Tho' you're doing me wrong, so wrong
You thought that my pride was gone
Oh no, something inside so strong
Oh oh oh oh oh something inside so strong



The poster is for 'GR8 Day 2 Play' for SEND young people aged up to 25. It features a central graphic with the text 'GR8 DAY 2 PLAY' in a speech bubble, surrounded by colorful figures holding tennis rackets. The event is free and takes place on Saturday 24th September from 12:00 to 17:00 at the Newham Leisure Centre, 281 Prince Regent Ln, E13 8SD. The poster lists various sports and leisure activities available, including indoor rowing, tennis, dance, Pilates, indoor archery, multi-sports, and swimming. It also mentions information stalls about other services and opportunities to have a say about important issues affecting SEND young people in the borough. Logos for 'YOU TH' and 'active' are at the bottom, along with a link for more information: <https://GR8day2PlayNewham.eventbrite.co.uk>.



Our 'Thought for Next Week'

Next week, in our assemblies, we will be thinking about:

"ENJOYING FRIENDSHIPS"



What makes a good friend? If you have a faith, can God be your friend?

What are some of the strategies we use when we fall out with our friends?

WELCOME MEETINGS FOR PARENTS

Thank you to all the parents who have turned up to our welcome meetings this week; it is very encouraging for our teachers to know you are so keen to support your children. The final two (rescheduled) meetings are below:

Year 2: Monday 26th Sep at 9am

Year 5: Monday 26th Sep at 2.15pm

Re-scheduled Sports Days:

We will be adding these into our new curriculum subject: Being Healthy and will be holding our sports days in the Spring Term.

We will share the dates with you well in advance so you are able to add them to your diaries.

Newham Mental Health Support Team (MHST)

WHO ARE WE?

MHST Practitioners work directly with schools and colleges to provide mental health support. We use evidence-based, guided self-help and CBT techniques to empower young people to improve their mental health and emotional wellbeing.

WHY?

MHSTs were developed as part of the governments initiative to increase access to mental health support in education settings.

We aim to collaborate with health and education services to provide well-rounded support to children and families.

WHAT WE DO

- 1-1 sessions (parent-led in primary school)
- Small group sessions
- Whole class groups
- One-off workshops
- Staff training
- Staff wellbeing

OTHER SUPPORT

We work together with mental health professionals, including CAMHS, to ensure each child receives the right support for them.

Please contact Mrs Ojo if you would like to hear more or to discuss a referral.



Hi, I'm Ellie and I am your MHST Practitioner at North Beckton. Please let me know if you have any ideas about improving mental health support at your school or if you would like to find out more!

FREE SCHOOL DINNERS

All primary school children in Newham are entitled to have a free school dinner at lunchtime as part of the Mayor's ongoing Eat for Free pledge. Parents do not need to complete any forms for this and the children just need to choose 'school dinners' when they do their morning registers. We are aware that the cost of living crisis will start to impact families soon and so we are encouraging all children to take up this offer.