

Year 6 Time For Us Curriculum Map 2025/2026

	Autumn Term		Spring Term		Summer Term	
Theme	1: Being me in my world	Relationships	Healthy Me	Celebrating Difference	Dreams and Goals	Changing Me
LOs	<ol style="list-style-type: none"> 1. I know how to set goals for the year ahead. 2. I understand what fears and worries are and how to manage them. 3. I know about children's universal rights (United Nations Convention on the Rights of the Child). 4. I understand how my choices can impact others locally and globally. 5. I understand the importance of individual liberty and 	<ol style="list-style-type: none"> 1. I know that people can have different perceptions of 'being normal.' 2. I understand that being different can affect someone's life experiences. 3. I understand how power dynamics can influence bullying and 	<ol style="list-style-type: none"> 1. I understand what mental health is and why it is important. 2. I know strategies to take care of my own mental well-being. 3. I understand the impact of stress and ways to manage it. 4. I know how to recognise when someone 	<ol style="list-style-type: none"> 1. I know how to take responsibility for my own health and well-being. 2. I understand the effects of different types of drugs on the body, including legal and illegal substances. 3. I understand the risks and pressures that can lead people to 	<ol style="list-style-type: none"> 1. I know my own learning strengths and areas for development. 2. I know how to set realistic and challenging goals for my future. 3. I understand what steps I need to take to achieve my goals. 4. I know about global issues and how they affect different people. 5. I know how teamwork 	<ol style="list-style-type: none"> 1. I understand how boys' and girls' bodies change during puberty and how to manage these changes. 2. I know how a baby develops from conception through the nine months of pregnancy and how it is born. 3. I understand that

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	<p>democracy.</p> <p>6. I know how my behaviour can impact the school community.</p> <p>7. I understand how laws and rules help keep us safe and fair.</p> <p>8. I know how to contribute to my school and wider community.</p> <p>9.</p>	<p>conflict.</p> <p>4. I know why some people choose to bully others.</p> <p>5. I understand that people with disabilities can lead amazing lives.</p> <p>6. I know that differences should be celebrated and valued.</p> <p>7. I understand how to challenge discrimination when I see it.</p>	<p>is trying to control or manipulate me, including online.</p> <p>5. I know how to use technology safely and positively to communicate with others.</p> <p>6. I understand the importance of making informed choices about my health.</p>	<p>misuse substances.</p> <p>4. I know why some people join gangs and the risks involved.</p> <p>5. I know how to make positive choices to keep myself safe.</p>	<p>and collaboration can help solve problems.</p> <p>6. I know ways I can make a difference in my community and the wider world.</p>	<p>sexual intercourse can lead to conception.</p> <p>4. I know that some people may need help to conceive and might use IVF.</p> <p>5. I understand how being physically attracted to someone can change relationships.</p> <p>6. I understand the importance of self-esteem and how</p>
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						<p>to build it.</p> <p>7. I know what I am looking forward to and what I am worried about when transitioning to secondary school.</p> <p>1.</p>
Key Vocab	<ul style="list-style-type: none"> ● Politics ● Leadership ● Global impact ● Responsibilities ● Social justice ● Democracy ● Decision-making 	<ul style="list-style-type: none"> ● Power dynamics ● Influence ● Bullying ● Discrimination ● Consent ● Online safety ● LGBTQ+ 	<ul style="list-style-type: none"> ● Mental well-being ● Substance use ● Healthy lifestyle ● Personal safety ● Coping mechanisms 	<ul style="list-style-type: none"> ● Diversity ● Prejudice ● Racism ● Identity ● Inclusion ● Stereotypes ● Equity ● Human 	<ul style="list-style-type: none"> ● Future aspirations ● Career choices ● Resilience ● Entrepreneurship ● Success mindset ● Learning 	<ul style="list-style-type: none"> ● Secondary school transition ● Relationships ● Emotional regulation ● Sexuality ● Puberty ● Self-

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	<ul style="list-style-type: none">• Ethical choices	<p>inclusion</p> <ul style="list-style-type: none">• Respect	<p>ms</p> <ul style="list-style-type: none">• Healthy relationships• Online risks• Self-advocacy	<p>rights</p>	<p>from mistakes</p> <ul style="list-style-type: none">• Setting life goals <p>Financial literacy</p>	<p>confidence</p> <ul style="list-style-type: none">• Independence• Seeking support
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